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# **No Rinse Sanitisers**

## What is a sanitiser?

A sanitiser is a chemical agent designed to kill bacteria and other microorganisms. Whilst a sanitiser does not guarantee that a surface is free from germs it is an important part of the cleaning process and can bring bacterial numbers down to an acceptable level.

#### Do I have to use a sanitiser?

Health Regulations require that you use a sanitising process to clean food preparation equipment, surfaces that contact food and eating / drinking containers. Sanitisation can be achieved using the following:

- A sanitiser as per the manufacturers instructions
- Hot water at 77°C or above for 30 seconds

#### Are there different types of sanitiser?

Yes, sanitisers can be conveniently grouped;

#### according to how they are used;

• Those that require rinsing

• Those that do not require rinsing

(remember – "No-Rinse" sanitisers – which are always clearly labeled as such, reduce your work load by 50%)

and what their active ingredient is;

- QAC's (quartenary ammonium compounds)
- Chlorine release agents (hypochlorites)
- Iodophors (iodine compounds)
- Chlorine dioxide

Note: the chemical names listed above are the active ingredients and not the product name. The active ingredient should always be listed on the label.

Shire of Denmark – No Rinse Sanitisers

### When should I sanitise?

- Before food preparation begins
- Between preparation of raw food and cooked food if the same surface is being used
- After food preparation is finished for the day and cleaning has been carried out

# What about small businesses like Deli's and Lunch Bars?

Many suppliers can provide small quantities (5 litres) of concentrated sanitiser (produces 1000 litres of sanitising solution) at a cost effective price.

#### Can I buy sanitisers from the supermarket?

"No rinse" sanitisers suitable for use in commercial premises are not available from the supermarket.

# It is recommended that you obtain a Material Safety Data Sheet on the sanitiser from the distributor.