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| LONG LIVE YOU – SUMMER 2021 |
| Shire of DenmarkMclean Park, Brazier StDenmark WA 6330**9848 0344**E: reccentre@denmark.wa.gov.auW: [www.denmark.wa.gov.au](http://www.denmark.wa.gov.au) |

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| as of February 1st |  |  |  |  |
| MONDAY | PILATES 9am-10am | TABLE TENNIS9:30am–11am | SUPERVISED GYM 10am–11:30am |  |
| tuesday | ZUMBA9am–10am | BADMINTON10am-12pm | SUPERVISED GYM 10am – 11:30am |  |
| THURSDAY |  |  | SUPERVISED GYM 10am – 11:30am |  |
| fRIDAY | YOGA11.15am–12.15pm |  | SUPERVISED GYM7.45am 9.15am |  |

Summer Program Options:

Option 1: Purchase a Long Live You Membership for $70 and attend all Long Live You timetabled activities.

 **Weekly cost breakdown = $7.00 per week**

 All City of Albany, Shire of Denmark and Shire of Plantagenet classes are included.

Option 2: Purchase a 12 Month Silver Membership for $500 with the Denmark Recreation Centre to attend all Recreation Centre and Long Live You activities. Memberships can be suspended and we will be approved on a case by case arrangement.

 **Weekly cost breakdown = $9.60**

Option 3: Casual entry to any class at any time $7.00 per class