



Department for Communities

# Denmark Age Friendly Community Study Final Report

**June 2011** 

#### Prepared by:



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Two 70 year old blokes moving mountains

#### 1. Introduction

In view of the ageing world population, in 2006 the World Health Organisation (WHO) convened a conference, attended by delegates from 33 cities in 22 countries around the world, to assess and determine the key elements of a community which supports healthy and active ageing. These elements were identified as:

Outdoor spaces and buildings
Transport
Housing
Social participation
Respect and social inclusion
Civic participation
Communication and information
Community support and Health Services

This resulted in the publication of the 'Global Age-friendly Cities: A Guide' which was adopted by the Department for Communities of the Government of Western Australia.

In May 2010 the Shire of Denmark Council voted to participate in the Age Friendly Community programme and obtained a grant from the State Government to appoint a consultant to conduct a study to assess Denmark as an Age Friendly Community. Dr Gillian Sellar was appointed to carry out this study.

Dr Sellar consulted with a number of community organisations and convened study groups with service providers and seniors in the community. These groups were well attended. In addition a survey was distributed to community members to obtain views on the issues listed above.

The report which follows identifies the areas, both positive and negative, which the Denmark community regards as important, and makes broad recommendations to improve those identified as needing change or improvement. The report will be presented to the Shire Council for further action. This action will take the form of direct change where the areas fall under the discretion of Council, and by facilitating change where other bodies and organisations carry responsibility.

All members of the Denmark community can look forward to positive change as a result of this study.

Councillor Philip R Barnes Chairman, Shire of Denmark Seniors Advisory Committee 27 June 2011.

### 2. Acknowledgements

The following organisations provided valuable input and information to this Study:

Albany Seniors Advisory Committee

City of Albany - Community Development

Officer - Seniors Alzheimer s Association

Amaroo Retirement Village CarersWA

Denmark Institute of Technology (TAFE)
Denmark Seniors Advisory Committee
Denmark Over 50s Association

Denmark Lions Lionsville

Denmark RSL

Denmark Health Service Community

Services (HACC) Denmark Shire Council

Department for Communities\*

Department for Housing

Department of Transport

Department of Planning Great Southern

Department for Sport and Recreation Great Southern

Melville City Council

Department for Seniors Interests

Disability Services Commission Lower Great Southern

Neurological Council of Australia

Great Southern Aged Care (ACAT) WACHS Great

Southern

Great Southern GP Network

Population Health WACHS Great Southern

Seniors Mental Health Service WACHS Great Southern

Silver Chain Albany

(\* Funding for this Age Friendly Community Study was provided by the Department for Communities Seniors and Volunteering Government Grants Program 2010)

In addition to the Denmark Age Friendly consultation process the key statistics referred to in this profile have been sourced from the following sources:

Australian Bureau of Statistics Census data

Socio-Economic Indexes for Areas: Introduction, Use and Future Directions, Pramod Adhikari, Analytical Services, Australian Bureau of Statistics

Population Health Indicators: Western Australia 2008. Perth: Department of Health WA. Shire of Denmark 2008 and 2011 Community Needs and Customer Satisfaction Surveys.

Specific community information regarding infrastructure and services has been gathered from the Shire of Denmark s Rates and Pensioner Records, and analysis of the 2008 Community Needs and Customer Satisfaction Surveys. The 2008 survey was conducted from November 2008 to January 2009 by the Shire of Denmark. The return rate of 36.8% for the 2008 Community Needs and Customer Satisfaction survey is considered to be an excellent response from a statistical perspective. Given that 72.36% of respondents to the 2008 Community Needs and Customer Satisfaction Survey were identified as 50 years plus, the information proved invaluable.

Additional references to age/senior specific responses were also taken from the Shire of Denmark s recent 2011 Community Needs and Customer Satisfaction Survey. There were a total of 203 responses from seniors aged over 50, which comprised 42.37% of the total number (479) of respondents to the recent Survey.

The contributions and assistance of the Forum facilitators and Age Friendly Community Steering Committee members are also acknowledged.

#### 3. Definitions

#### **Definition: Age-Friendly Community (AFC)**

Active ageing is defined as the process of optimising opportunities for health, participation and security in order to enhance quality of life of people as they age [Active Ageing: A Policy Framework, World Health Organisation (WHO), 2002].

An Age-Friendly Community promotes active ageing. An Age-Friendly Community is one which:

Recognises the great diversity among older people

Promotes their inclusion and contribution in all areas of community life

Respects their decisions and lifestyle choices, and

Anticipates and responds to ageing-related needs and preferences.

#### Definition: Seniors, Older, Elderly, Aged

Most developed world countries have accepted the chronological age of 65 years as a definition of 'elderly' or older person. World Health Organisation (WHO), Health Statistics and Health Information Systems. June 2010.

Aged and elderly are terms usually used to denote those 65+yrs, who are fully retired and who may require assistance with one or more living issues, such as accommodation, health/well being, social/recreational activities, transportation and/or mobility.

However, there are different understandings of the words senior and aged with 60 year olds eligible for seniors cards in Western Australia, 50 59 years, 60 69 years and 70 - 79 years used as specific statistical cohorts in ABS and other population profiles and eligibility for the Age Pension set at 65 years in Australia. From 1 July 2017, the qualifying age for Age Pension will increase from 65 to 65.5 years. The qualifying age for the Age Pension will then rise by 6 months every 2 years, reaching 67 by 1 July 2023.

In Denmark WA the Over 50s Association is the official seniors, or senior citizens organisation, which constitutionally recognises people of 50 years of age and over as seniors. Considering this anomaly, people over the age of 50 yrs will be considered as seniors in our community and as a demographic for this study.

#### Definition: Disabled, living with a disability

A disability is any continuing condition that restricts everyday activities. The Disability Services Act (1993) defines disability as meaning a disability:

which is attributable to an intellectual, psychiatric, cognitive, neurological, sensory or physical impairment or a combination of those impairments;

which is permanent or likely to be permanent;

which may or may not be of a chronic or episodic nature; and

which results in substantially reduced capacity of the person for communication, social interaction, learning or mobility and a need for continuing support services.

Disabilities can result in a person having a substantially reduced capacity for communication, social interaction, learning or mobility and a need for continuing support services in daily life.

Being a senior (50+ yrs) does not imply having any disability, though older people can suffer long term physical and intellectual impairment, which results in reduced capacity, as a result of the ageing process.

#### **Definition: Ageing in Place**

Ageing in place is defined as not having to move from one's present residence in order to secure necessary support services in response to changing need. We are using the term "ageing in place" in reference to living where [one has] lived for many years, or to living in a non-healthcare environment, and using products, services and conveniences to allow or enable [older adults] to not have to move as circumstances change. More recently "ageing in place" is a term used in marketing by those in the rapidly evolving senior housing industry. <sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Senior Resource for Ageing in Place. (2005). Ageing in place. <a href="http://www.seniorresource.com/ageinpl.htm">http://www.seniorresource.com/ageinpl.htm</a>.

### 4. Executive Summary

Denmark Western Australia is located on the south coast of Western Australia approximately 50 kms west of Albany, the closest regional service centre, and 430 kms south of Perth. The Shire has an area of 1843 sq kms extending 70 kms in an east-west direction and 30 kms north-south. The town centre is located approximately 10 kms west of the eastern boundary of the Shire.

As part of an integrated community the Shire of Denmark plays a leadership role in helping the community to achieve its community aspirations. In doing this, it provides services and facilities which are the primary responsibility of the Council and identifies and partners with many other organisations, agencies and community groups who have the common goal.

Many descendants of older, established settlers and their families still reside in the locality and their contributions to the timber industry and agricultural development of the town must be acknowledged. Denmark is also considered to be an ideal retirement location for many West Australians, with residents, originating from many other countries, also making it their home. Denmark is also noted for its high percentage of well educated and skilled retirees who add an immeasurable amount to the cultural, social and creative aspects of the community.

The town has experienced a high level of population growth in recent years in contrast to many country local authorities that are suffering a steady decline in population. In the period from the 1996 census to the 2001 census, the ABS estimated the actual population grew by 18.2% , (compared to the regional centre of the City of Albany which grew by 9.65% ). In addition between 2000 and 2009 the Australian Bureau of Statistics (ABS) Estimated Resident Population (ERP) for the Shire has grown from 4,615 to 5,311 (estimate), which represents a total increase of 15.1% over this 9 year period.

The renowned author and demographer Bernard Salt<sup>2</sup> has listed Denmark as one the growth areas needing to bear the burden of baby boomers and internal migrants moving to the their sea-tree change over the next decade.

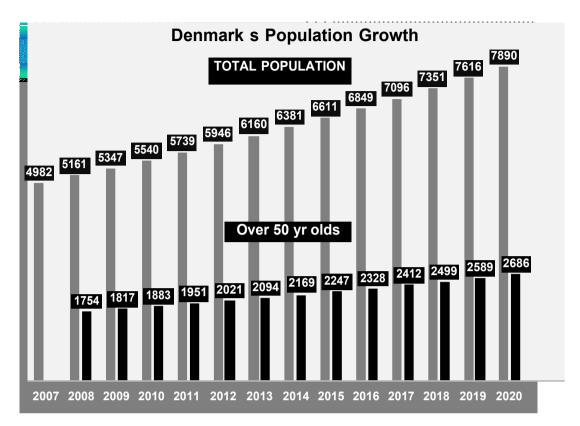
The Shire of Denmark s population is ageing faster than most municipalities due to the sea-tree change baby boomer phenomenon. The percentage of Population of the Shire of Pension age is 16% with a median age of resident of 44 (the second highest in the State at the 2006 census).<sup>3</sup>

Denmark s senior population (50+years) rated at 33.4% of the total population in 2006 and ABS population statistics for 2009 show that Denmark now has the highest aged demographic in Western Australia.<sup>4</sup>

<sup>&</sup>lt;sup>2</sup> B. Salt Big Shift (2001) The Big Shift: Welcome to the third Australian Culture; Hardy Grant Books

<sup>&</sup>lt;sup>3</sup> Shire of Denmark (2009) Local Government Structural & Electoral Reform in Western Australia: Reform Submission:

<sup>&</sup>lt;sup>4</sup> ABS Population Data 2009: Regional Profile Denmark LGA.



Graph 1: Denmark s Population Growth Estimates

This Denmark Age Friendly Community Study has highlighted the three main issues of **Housing**, **Health and Transportation**, as those of greatest concern, for a town with a growing aged and ageing population. Following is the evidence collected through an intense community consultation process resulting in a set of recommendations to progress Denmark becoming a true Age Friendly Community in future.

#### **Denmark Age Friendly Community Study**

In response to the demographic changes and forecasts the Shire of Denmark, in partnership with the Department for Communities (DFC), has chosen to use the World Health Organisation (W HO) Framework for Age-Friendly Cities. <sup>5</sup> The consultation process aimed at deepening understanding of the needs and aspirations of people aged 50 years plus living in the Shire. This report outlines the main findings of the study and provides recommendations for the Shire and other relevant stakeholders and agencies to consider.

The methodology for the Study was provided in the Age-Friendly Communities A Western Australian Approach<sup>6</sup> document. The consultation/study involved a range of focus-group style discussions in forum settings, an online survey and personal communications with the project consultant.

The consultation included:

<sup>&</sup>lt;sup>5</sup> World Health Organisation (WHO) 2007 Global Age-Friendly Cities Guide & Checklist

<sup>&</sup>lt;sup>6</sup> Department for Communities AFCC Grants Program and Guidelines (2010)

residents aged 55-74 years; residents aged 75 years and older; carers of older people, or older people who are carers for others; public service providers; not for profit service providers; and private sector service providers.

Raising awareness about the consultation process to engage stakeholders and participants was achieved through a variety of local media, regional networks and presentations.

The Denmark Age Friendly Community project received editorial in the local Denmark Bulletin upon confirmation of funding. Information about the project was distributed to the Library, Recreation Centre, Health Service, and Shire Reception. An interview discussion and community events promotion on the ABC radio furthered the reach of the project.

Presentations by the Project Consultant to both the Denmark Over 50 s Association and Denmark Probus Club, provided a snapshot of the community, a background to the Age Friendly Community concept and deepened interest in the project. Both of these awareness raising presentations resulted in increased registration for the focus group forum and the completion of surveys. Communication with the Peaceful Bay Progress Association and the Nornalup Residents & Ratepayers Association ensured the distribution of information to the western reaches of the Shire.

A letter of invitation from the Shire of Denmark to identified service providers and extensive personalised telephone calls by the project consultant ensured a genuinely representative group of service providers participated in the consultation process.

The report provides an analysis of the feedback from the participants in relation to the eight specific aspects in the WHO framework covering:

Outdoor Spaces and Buildings
Transportation
Housing
Respect And Social Inclusion
Social Participation
Communication and Information
Civic Participation and Employment
Community Support and Health Services

Overall the findings show that the residents considered in this study are generally very happy with the clean and fresh environment in which they live and while there is a desire for more well designed and laid footpaths there is an appreciation of the paths, trails and parks.

Residents feel respected by local business and service providers. Friendly and respectful staff of organisations and businesses is appreciated. Generally residents feel there is plenty of opportunity for social and civic participation, with many local events being accessible to all age groups in the community.

Parking, walking or driving across the main South Coast Highway intersections in Denmark and access to the local shopping precinct are considered as features that require improvement to be age-friendly. Disability and frail/aged access to certain public areas in town were identified for greater attention, as were some of the public facilities such as public toilets.

For participants that drive, most are happy with the driving experience in Denmark. Though repeatedly noted were the efforts to avoid the South Coast Highway intersections at Horsley drive and Strickland Street at specific times of the day or year.

A lack of regular public transport within the Shire of Denmark and between Denmark and Albany is an area of concern. This concern has repeatedly been expressed in relation to health and well-being, sense of independence and ability to participate socially.

Housing and living arrangements are of increasing concern to the 75 years plus group. The increasing difficulty in maintaining properties and loss of driving licenses, with the inherent affects on seniors independence and mobility, lead to the need to locate suitable housing with close proximity to the CBD and health services. The study seems to have identified a gap in the planning for provision of suitable housing options for different stages of ageing.

A dependence on the Denmark Bulletin, a fortnightly produced newspaper, was identified as the main source of local information. It was also noted that this may not be the most efficient means of communication, as many who do not live in town, do not get the Bulletin delivered and the information dates very quickly. Many senior residents listen to the ABC Albany regional radio. There was a clear indication that a senior s services booklet or pamphlet should be produced and regularly updated to maintain awareness and access to contact details for key services and age associated activities or agencies.

There is a very sincere appreciation of the HACC (Home and Community Care) services in Denmark. Barriers to community and health services were discussed frequently, often in relation to lack of transport, no access to a swimming or hydrotherapy pool for fitness and convalescence, and limited Alzheimer and Dementia services. The need for a pool and hydrotherapy services was emphasized by most focus groups at the Seniors Forum and in survey responses, as a key service that would benefit many.

Although not allocated to a specific area of study there was an underlying message that suggests an Age Friendly community is also one that emphasizes the need for a focus on good health and health awareness at a younger age, so people are less dependent on health services as they age, with a healthy and active attitude toward physical, mental and emotional well being.



Mark Oliver at Australia Day Celebrations 2011

### 5. Summary of Recommendations

Following are the main recommendations to Council in order of topic.

#### Recommendation

That Council adopts the Age Friendly Community Strategy and the following recommendations and reviews its current **Seniors Policy** in light of the recommendations.

#### 1. OUTDOOR SPACES AND BUILDINGS

#### **Recommendation 1:**

That Council plan for and maintain a network of shared paths and footpaths that provide access to the main community hubs of Denmark.

#### **Recommendation 2:**

That Council reviews the Denmark CBD, and in particular Strickland Street, crossing points to assist shared zone access.

#### Recommendation 3:

That Council negotiates with Australia Post to improve access, by supplying and locating additional post boxes within close proximity to major Denmark CBD hubs.

#### **Recommendation 4:**

That Council review the current location and number of car parking facilities including ACROD bays within the Denmark CBD and ensure monitoring and policing.

#### **Recommendation 5:**

That Council reviews the Council's Disability Implementation Plan for the suitability and accessibility, in accordance with Disability Services standards, of public toilet facilities.

#### **Recommendation 6:**

That provision for earth/natural burials be investigated and land at the Denmark Cemetery or elsewhere made available as a burial option for the community.

#### 2. TRANSPORTATION

#### **Recommendation 7:**

That Council investigates local transport options within the Shire of Denmark that supports our senior community.

#### **Recommendation 8:**

That Council, in consultation with key transport agencies, explores a regular inter-town transport service between Albany and the Shire of Denmark.

#### Recommendation 9:

That Council, in conjunction with the Denmark Health Service/Safe Community and RoadWise Committee, investigate and coordinate motorised wheelchair (gopher) driver education and training.

#### Recommendation 10:

That Council appoints a Seniors representative to the Shire's RoadWise Committee.

#### **Recommendation 11:**

That Council in conjunction with the Denmark Over 50s Association, widely communicates the availability of the Denmark Shire's Transport Options Brochure and the Senior's Volunteer Transport Service.

#### 3. HOUSING

#### **Recommendation 12:**

That Council identifies and quantifies the progressive aged housing needs not provided by existing independent living units (e.g. Amaroo and Lionsville) and residential care at the Denmark Hospital.

#### Recommendation 13:

That Council, in consultation with aged housing experts and service providers, explore and facilitate the development of a range of sustainable, affordable accommodation options to meet the needs of seniors, which will enable them to age in place in the Shire of Denmark.

#### Recommendation 14:

That Council lobbies the WA Department of Housing to provide more age specific and appropriately designed and built public housing.

#### **Recommendation 15:**

That Council recognise the increasing need for aged accommodation within the central town precinct and provides for this in current and future planning by Reviewing the current zonings and allowing for higher density, smaller lot developments.

#### **Recommendation 16:**

That Council support a collaborative inter-agency aged housing demonstration project, using small lot development, Universal design principles and shared waste disposal, water collection and solar energy power generation systems.

#### **Recommendation 17:**

That Council develops age friendly housing guidelines, incorporating Universal Aged Housing Design Principles <sup>7</sup>for private developers.

<sup>&</sup>lt;sup>7</sup> Towards Barrier Free Housing for an Ageing Australia: Accessible, Adaptable and Universal Design An Issues Paper and Resource Guide 2008; Age and Community Services Australia

#### 4. RESPECT AND SOCIAL INCLUSION

#### Recommendation 18:

That Council, in collaboration with the local Youth Centre, schools and seniors organisations, creates a process which encourages all ages to be actively engaged in the community by regularly promoting intergenerational social and sporting events.

#### **Recommendation 19:**

That Council in collaboration with Disability Services Commission reviews the accessibility to main community events.

#### Recommendation 20:

That Council in collaboration with the Disability Services Commission reviews the provision of suitable audio equipment, to meet the needs of hearing impaired attendees at Council sponsored events.

#### 5. SOCIAL PARTICIPATION

#### Recommendation 21:

That the establishment of a Denmark Branch of the University of the Third Age (U3A) be explored in conjunction with the Great Southern Institute of Technology; Denmark Campus.

#### **Recommendation 22:**

That Council acknowledge and plan for the inclusion of additional seating at Council facilities and events (e.g. parks, footpaths and town square) and Facilitates and encourages other community event organisers to ensure adequate seating is provided.

#### **Recommendation 23:**

That Council recognises the need of seniors for a heated public swimming pool complex, including a hydrotherapy facility.

#### **6. COMMUNICATION AND INFORMATION**

#### Recommendation 24:

That Council communicates the results and findings of the AFC Study to all stakeholders.

#### **Recommendation 25:**

That Council delegates responsibility to the Seniors Advisory Committee to oversee the implementation of the actions and outcomes of the Age Friendly Community Study and to inform the community of progress on an annual basis.

#### Recommendation 26:

That Council schedules a review of the Age Friendly Community Study in five years.

#### **Recommendation 27:**

That Council assists the Denmark Over 50s Association through the Seniors Advisory Committee, in developing a Seniors Information Booklet, which provides information and contacts of service providers, groups, clubs and activities in easily readable, up-to-date and accessible formats.

#### **Recommendation 28:**

That Council reviews existing safety awareness programs to clearly inform and educate seniors about what to do in a local emergency situation, affecting the community.

#### Recommendation 29:

That Council explores partnerships to develop a centralised seniors information point for seniors interests.

#### 7. CIVIC PARTICIPATION AND EMPLOYMENT

#### Recommendation 30:

That Council develops partnerships with the Albany Regional and Volunteer Centre and others with a view to connecting senior volunteers and community activities, such as the Schools Volunteer Program.

#### **Recommendation 31:**

That Council explores the possibility of partnering with local organisations in developing a register of Seniors who are available and willing to promote their skills for donation, hire or reward.

#### 8. HEALTH AND COMMUNITY SERVICES

#### Recommendation 32:

That the Denmark Health Service and WACHS are informed about these study findings and use it to review their relevant services.

#### **Recommendation 33:**

That Council provides seniors and pension card holders with a discount rate to use facilities and services at the Recreation Centre and encourage participation in any of the programs on offer.

#### **Recommendation 34:**

That Council explores and supports opportunities for expanding the range of seniors recreational programs which encourage health and well-being.

#### **Recommendation 35:**

That Council lobby for the expansion of Alzheimer's and palliative care services for the Denmark community.

### 6. Brief Summary of Findings

This brief summary of findings highlights key aspects of the consultation data. It has been summarised into features, barriers and suggestions to provide a succinct snapshot. This consists of suggestions and perceptions of Forum participants, recorded verbatim in the focus group sessions and providing the study with an effective instrument for sorting the information into consistent themes.

It is highly recommended that reference is made to the Whole of Study Findings (page 57), for a full appreciation of the context and sub-text of this summary.

#### **Outdoor Spaces and Buildings**

Generally very happy and understand that Denmark CBD is a difficult site. Post Office and IGA pose the main concerns regarding access to buildings.

What is it like to step outside of your home to go for a walk in the fresh air; do errands or visit family or friends?

#### Features:

Generally very happy with safe and clean environment.

Footpaths more needed and improvements to existing paths is noticeable Some good walkways and trails

#### Barriers:

Walkways and trails submerged or boggy for lengths of time deter walking Skateboarders on town footpaths scare some older people Lack of connectivity with some pathways restricts access to CBD

#### Suggestions:

Look at ways to link pathways
Wider, shared use pathways for gophers needed
Need for continuous footpaths and parking in CBD
Footpaths needed in suburban areas Ocean Beach, Minsterly Road, Horsley Drive
Public toilets to comply with disability access regulations (e.g. height of toilet bowls)

#### What is it like to go into buildings, such as government buildings or shops?

#### Features:

Shire Administration building is very accessible Health Service Campus easy access (need to complete footpath access) Public Trails and walkways are good

#### Barriers:

IGA Supermarket: difficult access for parking and walking with full shopping trolleys Post Office: difficult for parking, heavy door and small shop space presents problems

Crossing South Coast highway at Strickland Street and Horsley Drive intersections (on foot or in car)

#### Suggestions:

Another one or two post boxes at easy access sites to reduce traffic congestion and difficulty e.g. Ocean Beach Rd, Visitors Centre, nearer IGA and central shops

Stamps and postage assistance at an alternative businesses

Increase number and monitoring of disabled parking bays

South Coast Highway traffic management: crossing points, round-about, reduced speed limit, by-pass road

Install right of way signage on paved areas so pedestrians do not just stroll across



**Bushwalkers at Conspicuous Cliff** 

#### Transportation

<u>HOT TOPIC</u>: No public transport, other options have barriers, very challenging to the sense of independence for older people. South Coast Highway intersection/s is often referred to as frightening and challenging.

#### Describe your experience using public transportation bus or train in your community.

#### Features:

Appreciate there are some options (TransWA, Community Bus, HACC bus, Taxi, volunteer driver program)

#### Barriers:

Very confronting and challenging for older residents requiring access to specialist services (health and lifestyle) in Albany

All of options are limited by factors such as cost, availability, timetabling

No public transport: local or to Albany

Losing driving licenses impact on independence

Some individuals with driver s licenses still find Albany a long and expensive drive

#### Suggestions:

Community bus service a loop through suburbs and town. Expand service in peak season to service tourists and young people.

Feasibility study of a regular Albany to Denmark service

Invest funds/coordinator in the sustainable development of volunteer drivers program

#### What is it like to drive in your community?

#### Features:

Many roads OK.

Familiar with the area

Appreciate the improvements on roads in the area

#### Barriers:

South Coast Highway intersections at Horsley Drive and Strickland Street. (Many drive around the backstreets to avoid these intersections.)

#### Suggestions:

Traffic management review for South Coast Highway at Denmark CBD area (roundabout, by pass road, reduced speed limit)

#### Housing

HOT TOPIC: Limited choice, affordability, desire for Ageing in place .

What type of housing do you live in house, villa, retirement village etc? If your needs change, what are your choices for housing in your local area?

#### Features:

Many own their own home full home on land. Amaroo and Lionsville (retirement villages) options HACC Service highly appreciated

#### Barriers:

Availability Affordability

Fear of creating Aged Enclaves

Changing care needs leading to changing residence

Access and proximity to services (Health and CBD)

Is there enough land in town?

HACC Services stretched concerns for the future provision

#### Suggestions:

A community commitment to ageing in place

Investigate and develop residential areas/facilities that have staged accommodation types. (Consider options to accommodate changing needs over time.)

Plan for areas close to town

Encourage development and design of homes that may later be easily changed in to 2 or 3 units

Encourage development and design of homes that include age friendly features: ambulance access, wider hallways etc.

Investigate models where older home owners have room to share with others in exchange for services (gardening, cleaning etc)

Refer to European models where homes can be modified at different stages of need

#### **Social Participation**

Generally very good.

#### How easily can you socialise in your community?

#### Features:

Lots of opportunities through clubs and organisations

Churches

Denmark Bulletin informative and crucial

#### Barriers:

No real barriers discussed.

Some suggested that this age group prefer personal invitation. This is emphasised if people are new to the area.

Carers identified the difficulties associated with participating in some events that require close parking and wheelchair operation. Denmark Markets and Christmas Pageant were two key events noted.

#### Suggestions:

University of the Third Age (U3A)

Local transport could assist attendance and participation

# Tell me about your participation in other activities, like education, culture, recreation, or spiritual activities?

No specific information provided here. In summary the response was there is ample opportunity to participate in any of these activities and that seniors are very welcome. There may be some barriers wherein some people prefer to be individually invited.





Taoist Tai Chi Group at Denmark Recreation Centre

#### **Respect and Inclusion**

Generally feel very respected and included.

# In what ways does you community show, or not show, respect for you as an older person? Features:

Denmark Over 50 s Association
Many groups and organisations to join in
Respected by service and business community
Most young people very helpful and respectful
Shire workers and planners respectful and helpful

#### Barriers:

Some young skateboarders very disrespectful Limited and abused disabled parking Some staff not able to deal with mild age related disabilities (visual and auditory)

#### Suggestions:

More provision and monitoring of disabled parking

Develop an opportunity for creating an understanding between seniors with concerns about skateboarding and young skateboarders

Source training for staff of businesses and agencies to assist customer service for people with mild disabilities

# In what ways does your community include, or not include you as an older person in activities and events?

#### Features:

Generally feel very included

Invitations to attend all community events (ANZAC Day, Christmas Parade, Denmark Arts, Art Exhibitions and Openings, Sport Events etc.)



ANZAC Day 2006

#### **Communication and Information**

Generally satisfied although can see areas for specific improvement including Seniors Booklet and a centralised/coordinated community information centre/role.

What is your experience getting the information you need in your community, for example, about services or events? This can be information you get by telephone, radio, TV, print, or in person.

#### Features:

Denmark Bulletin (only fortnightly)

**ABC Community Radio** 

Word of mouth (very strong with Seniors)

In home Carers and HACC staff help keep individuals in touch with activities Evacuation Green bag/ Red bag program (more community education needed)

#### Barriers:

Not all are computer literate (nor interested, or able to access)

Bulletin is only fortnightly and not delivered beyond town boundary

Electrical supply interruptions during emergencies means no radio or phone

Risk of social isolation

#### Suggestions:

Seniors Services and Community Directory/Booklet (annual large text print)

Denmark Shire s Council Conversations make community section larger and include transport options and other regular services.

Denmark Radio (Community Resource Centre initiative?)

Denmark community information centre (potentially the CRC)

Phone Buddy system

Seniors evacuation program (build upon red/green bag and develop emergency buddy system).

Services and providers list updated and distributed through the year by mail and/or newspaper (quarterly?)

#### Civic participation and Employment

Generally high rate of participation and plenty of opportunity.

#### Tell me about your participation in voluntary work, if applicable.

#### Features:

Many volunteer work opportunities

Many seniors involved to some degree. (This declines after 75 years of age.)

Lots of opportunities for community, environmental and political involvement

Good to socialize and feel to be offering something to the community

Volunteer database kept by Shire

Volunteers Afternoon Tea celebration at the Shire is good

#### Barriers:

**Transport** 

Need to be invited not comfortable just showing up.

#### Suggestions:

Focus on the maintenance of volunteer database as a point of reference A volunteers resource centre housed somewhere (information etc)

# Tell me about your experience with paid employment, if you are employed now or if you are looking for paid work.

#### Features:

Many of the people are no longer in paid employment Not much paid employment available

#### Barriers:

Availability
Different skill sets required
Transport to Albany (costs)

#### Suggestions:

A seniors skills for hire board e.g. creation of a database of seniors with skills to offer

# Tell me about your participation in public community affairs, like community associations or local government councils.

#### Features:

Very active in general

A core group of particularly active people

Very familiar with local government process and lobbying for change etc.



Beth Franz volunteer extraordinaire

#### **Community Support and Health Services**

HOT TOPIC: Access to services, transport, ageing in place.

#### What is your experience with the services in the community to help people?

#### Features:

HACC services are fantastic Denmark Health Service very new, but potential for better/more age related services 8 GP s (even though all are part time) Good Ambulance Service

#### Barriers:

Access to specialists and pool/hydrotherapy
HACC overworked and under resourced
No over 65 s Dental Scheme service in Denmark (there used to be)
No pensioner discount at the Recreation Centre
No Pool or hydrotherapy service available
Transport to Albany (none or limited)
Alzheimer and Dementia services very limited

#### Suggestions:

Swimming pool and hydrotherapy pool
More specialist services come to Denmark
Transport to Albany (even just a couple of days a week)
Consider respite models for carers of people with dementia (respite beds or in-house respite)



Carelink and Respite Information Workshop at the old Hospital 2007

# 7. Recommendations and Ratings

These recommendations have been extrapolated from the findings and tabled for ease and accuracy of use. The recommendations are graded H = high, M= medium and L=Low.

1. Outdoor Spaces and Buildings						
Recommendation	Initiative	Principle	Possible	Priority	Reference	
		Responsibility	Partners		Related	
Plan for and	Undertake a Walk	Shire	John Grant	Н		
maintain a network	ability audit of the		Assoc.			
of shared paths that	CBD area to identify		Main Roads,			
provide access to	possible barriers and		Denmark			
the main community	improvements to		RoadWise			
hubs of Denmark.	access					
	Review Strickland	Shire	Police	Н		
	Street crossing points		RoadWise			
	to assist shared zone					
	access					
	Review the pathway	Shire	Paths and Trails	Н		
	plan & prioritise	Main Roads	Committee			
	improvements in	Dept Transport				
	connectivity in major					
	walk/cycle/gopher					
	routes					
	Undertake or review a	Main Roads,	RoadWise	Н		
	road safety audit for	Shire				
	the CBD (has this					
	already been done as					
	part of refurbishment?)					
	Explore options for	Shire in		Н		
	additional Post Office	conjunction with				
	Boxes at key	Australia Post				
	community hubs or	(Denmark)				
	points					
	Review the current	Shire	RoadWise	Н		
	parking facilities within	Main Roads				
	the CBD and identify					
	any changes,					
	improvements required					

Table 1: Outdoors Spaces and Buildings Recommendations and Ratings

2. Transportation					
Recommendation	Initiative	Principle	Possible	Priority	Reference
Develop a local transport system that supports our community to maintain a level of independence.	Undertake an audit of all current public and community transport options	Responsibility Shire and RoadWise committee	Partners Climate Action Denmark	H	Related  DCAC research into alternative transportation and fuel solutions
	Explore the opportunities to introduce alternative transport options (e.g. ride share, daily community bus shuttle)		Climate Action Committee	Н	Denmark Seniors Transport Options Brochure
	Promote and maintain a local transport information directory	Shire and Seniors Advisory Committee		M	Denmark Seniors Transport Options Brochure
Develop an <b>inter</b> regional transport service between Denmark-Albany.	Investigate options for developing a regular community bus service between Albany and Denmark	Department of Transport Denmark, Albany and LGA s		M	
Ensure older drivers are aware of the various transport options available to them.	Hold education/information sessions for older drivers, gopher users, public transport users	Denmark Over 50 s Denmark RoadWise	Dept Transport Police GSRSCC Health Service	Н	
	Appoint a Seniors representative to the Shire s RoadWise committee		Denmark RoadWise Committee	M	
Organise motorised wheelchair/gopher education workshops.	Gopher user education workshops	Denmark Over 50 s Denmark RoadWise	Health Service/Safe Community & Shire	M	Safe Community and Injury Prevention research

Table 2: Transportation Recommendations and Ratings

3. Housing					
Recommendation	Initiative	Principle	Possible	Priority	Reference
		Responsibility	Partners		Related
Release new lots for specific aged housing development within the Denmark town site.	Age Friendly Housing Project	Shire Planning Dept. WAPC	Aged care housing developers	Н	The Shire of Denmark Local Planning Strategy and WAPC Lower Great Southern Strategy
Develop a range of sustainable accommodation options, encompassing a wide range of settings, while at the same time fostering supportive environments and independence, to meet the needs of seniors to enable them to age in place.	Investigate realistic, affordable and commercially viable options for seniors housing to meet the gap between the family home and residential care facilities	Shire	Dept.of Housing	H	Research of successful age specific accommodatio n projects elsewhere e.g. Victoria, Canada, Holland.
A community that develops and implements community design plans, strategies and policies that are supportive of age friendly built environments.	Encourage Universal Design principles are used in any new building (private and commercial)		Dr. Linley Lutton (Urbanix) & COTA  Denmark Green Skills & CSL	H	Denmark Climate Action Committee documents/res earch.  Energy efficient homes information (Denmark CSL and Greenskills)
	Develop an age friendly assessment procedure for housing development applications Review current zonings to allow			M	
	suitable smaller detached homes or units to be built Integrate the needs of seniors in urban and community planning			н	

A community that is	Champion a range of	Shire		Н	
aware and supportive	housing and	Dept. of			
of age friendly health,	community designs	Housing			
and well being	that supports functional				
community principles.	age friendly				
	environments				
	Establish a mechanism	Seniors	Seniors	Н	
	that gives seniors the	Committee	community		
	opportunity to provide		groups		
	input on community				
	design issues				
	Inform the planning,			Н	
	design and building				
	sectors about the				
	benefits of an age				
	friendly built				
	environment				
	Disseminate			Н	
	information outlining				
	age-friendly principles				
	and requirements to				
	builders and				
	developers				

Table 3: Housing Recommendations and Ratings

4. Respect and Socia		Dringinle	Descible	Dulouite	Deference
Recommendation	Initiative	Principle	Possible	Priority	Reference
		Responsibility	Partners		Related
Create a process	Work with local Youth	YAC	Denmark High	M	School
which encourages all	Committee to establish	Shire	and Primary		Volunteer
ages to be actively	a dialogue between	Youth worker	Schools		Program
engaged in the	youth and seniors on				
community by	issues such as				
regularly promoting	skateboarding in CBD				
intergenerational	Investigate improving	Shire		Н	
social and sporting	audio equipment within				
events.	main civic spaces to				
	meet the needs of				
	hearing impaired				
	Review access for	Shire		M	
	different ability levels at				
	main events and				
	activities in town (e.g.				
	market days)				

Table 4: Respect and Social Inclusion Recommendations and Ratings

5. Social Participation	n				
Recommendation	Initiative	Principle	Possible	Priority	Reference
		Responsibility	Partners		Related
To create	Explore establishment	TAFE	Denmark Over	М	http://www.u3a
opportunities to	of University of the		50s and Probus		uwa.org/
enhance social	Third Age <sup>8</sup> (U3A),		Club		
participation, in a	linked through TAFE				
community that	or UWA in Albany.				
encourages all ages	Encourage a buddy-	Seniors	Community	М	
to be actively	system within existing	organisations	groups e.g.		
engaged.	clubs and groups, to	e.g. SAC,	Woodturners,		
	encourage active	O/50s/Probus	Lions, Quilters		
	participation of				
	seniors.				
	Investigate a phone	As above	Health Service	М	
	buddy system for		Day Centre		
	isolated seniors, living				
	independently.				
	Ensure adequate	Shire		Н	
	seating is available at				
	community hubs				
To support		Shire	DACCI	Н	Aquatic
construction of an			Health Service		feasibility
aquatic facility			Dept. Sport and		studies
(heated swimming			Recreation		(2009/2010)
and hydrotherapy					DACCI
pool) for the					surveys
enhancement of					
health and well					
being.					

Table 5: Social Participation Recommendations and Ratings

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<sup>&</sup>lt;sup>8</sup> U3A provides learning opportunities for people in their retirement years and is open to anyone over the age of 50 and aims to give members the opportunity to develop new interests and learn new subjects. <a href="http://www.u3auwa.org">http://www.u3auwa.org</a>

6. Communication ar	nd Information				
Recommendation	Initiative	Principle	Possible	Priority	Reference
las a serve	Davidan an anad	Responsibility	Partners		Related
Improve communication	Develop an aged- friendly Community	Denmark Over	Shire	Н	Albany Seniors Information
	, ,	50 s	Local		
between the Shire,	Services Directory,		businesses		Directory 2011
community groups, individuals and	which provides information and				
businesses.	contacts of service				
businesses.	providers, groups,				
	clubs and activities.				
	Investigate the	Denmark Over	CRC	M	
	placement and	50 s	Library		
	installation of				
	community notice				
	boards at key				
	community hubs.				
	Establish a centralised	Shire	CRC	M	
	information resource	CRC	Library		
	or point of reference,				
	using a variety of communication				
	mediums (e.g.				
	website, database,				
	newsletter, notice				
	board).				
	Continue to support	Shire	Seniors	H	
	the Seniors Advisory		Advisory		
	Committee, as a		Committee		
	conduit for				
	communication and				
	feedback on local				
	seniors issues.				
Review existing	Clarify existing	Shire	Seniors	Н	
safety awareness	Disaster Management		community		
programs to clearly	Plans are clearly		groups,Health		
inform and educate	communicated to all		Service, FESA		
seniors about what	key agencies and				
to do in a local	Denmark residents.				
emergency situation,					
affecting the					
community.					

Table 6: Communication and Information Recommendations and Ratings

Recommendation	Initiative	Principle	Possible	Priority	Reference
		Responsibility	Partners		Related
Continue to promote	Acknowledge	Shire	Albany Regional	М	Regional
the importance of	volunteers for their	DSR	and Volunteer		Schools
volunteer activity in	contribution, through		Centre		Volunteer
the community.	the annual Volunteers				Program
	Afternoon Tea.				
Explore the	Development of a	Seniors	Over 50s	М	
possibility of	skills register.	Advisory	Association and		
partnering with local		Committee	Lions Club		
organisations in					
developing a register					
of skills for donation,					
hire or reward.					

Table 7: Civic Participation and Employment Recommendations and Ratings

Recommendation	Initiative	Principle	Possible	Priority	Reference
		Responsibility	Partners		Related
Support an	Review the current	MPS Denmark	HACC	Н	
integrated and	boundaries and define		SW Health		
supportive	the areas of operation		Silver Chain		
collaborative	for HACC service		Shire		
approach to health	providers, particularly				
service in the	in the shared				
community.	boundaries (e.g.				
	Walpole, Youngs				
	Siding).				
	Investigate additional	MPS Denmark	GP Network	M	
	specialist health		Shire		
	services, clinics and				
	consultations that				
	could be hosted by				
	MPS Denmark, rather				
	than travel to				
	Albany/Perth.				
	Improve information to	MPS Denmark	Local GPs	Н	Denmark
	seniors and their		GP Network		Seniors
	families on what				Community
	health services and				Information
	support are provided				Directory/.
	(includes palliative				ooklet
	care).				
Lobby for the	Investigate current	Palliative Care	MPS Denmark	M	Alzheimer
expansion of	and future needs for	Coordinator at	Shire		Association
Alzheimer s and	Alzheimer s and	Denmark Health	Regional		WA

palliative care	Palliative Care & Link	Service	Palliative Care		Local
services for the	with existing		Coordinator		palliative
Denmark	Alzheimer s and				care
community.	Palliative care				specialists
	services from Albany				e.g. Dr Ruth
	to expand regional				McConigley
	services.				
Increase physical	Explore and support	Shire	DSR	Н	Living
Activity opportunities	opportunities for		Shire		Longer
for seniors.	expanding the range		Swimming Pool		Living
	of senior s recreational		Committee		Stronger
	programs which		Community		Program
	encourage health and		DACCI		
	well-being.				
	Investigate funding	Shire	DSR	Н	
	opportunities to	SAC			
	subsidise physical	Over 50s			
	activity programs e.g.	Assoc.			
	Living Longer Living				
	Stronger for Denmark				
	pensioners.				

Table 8: Health and Community Services Recommendations and Ratings

## 8. Methodology

The methodology for this project has been based on the Age-Friendly Communities a Western Australian Approach publication as adapted by the Department for Communities from the original WHO Age-Friendly Cities Framework and set of guidelines. The process has involved stakeholder identification of residents of the Shire of Denmark age 50 years plus, service providers for health and community services and Carers of persons aged 50 years plus within the Shire.

#### **Promotion and Invitation**

Raising awareness about the consultation process to engage stakeholders and participants was achieved through a variety of local media, regional networks and presentations. The Denmark Aged Friendly Community project received editorial in the local Denmark Bulletin upon confirmation of funding.

Information about the project was distributed to the Library, Denmark Recreation Centre, Denmark Health Service, and Shire reception. An interview on the ABC radio furthered the promotion of the project.

<sup>&</sup>lt;sup>9</sup> WHO Age-Friendly Cities Framework; World Health Organization 2007 Geneva 27, Switzerland

Presentations by the Project Consultant to both the Denmark Over 50 s Association and Denmark Probus Club, provided a snapshot of the community, a background to the Age Friendly Community concept and deepened interest in the project. Both of these awareness raising presentations resulted in increased registrations for focus group forum and/or the completion of surveys.

Communication with the Peaceful Bay Progress Association and the Nornalup Residents & Ratepayers Association ensured the distribution of information to the western reaches of the Shire.

A letter of invitation from the Shire of Denmark to identified service providers and extensive personalised telephone calls by the project consultant ensured a robust group of service providers participated in the consultation process.

The Age Friendly Community Questionnaire/Survey was also available online at <a href="https://www.denmark.wa.gov.au/community">www.denmark.wa.gov.au/community</a> for absentee landholders and local senior residents to access and all online and hard copy responses were electronically collected prior to data analysis.

#### **Limitations of the Methodology**

No research is without limitations and this study is no exception. There were several limitations to this study that need to be discussed along with their impacts on the final results.

#### Promotion to transient seniors

There were some limitations to the methodology in so far as the participant catchment did not include the numbers, or other statistical information, about transient or short term residents at the time of the study. Denmark is a recognised holiday destination, with many seniors visiting for short (but regular) periods of time. For example there are numerous seniors living in the two major caravan parks in Denmark, some in mobile accommodation and others in park homes (transportable, chalet/cabin type housing). It was difficult to ensure the reach and scope of the study included all seniors residing in the Shire s boundaries at the time the project was undertaken, however every attempt was made to promote and invite participation in the study.

#### Gender

It should also be noted that the percentage of women (63%) respondents and participants in this study outweighed that of men (37%). This apparent bias towards females could be for a number of reasons. Females have a higher life expectancy than males and Denmark Census Data shows that 56.4% of residents aged 65 years and over were female, and 43.6% were males. Females are also more likely to take part in social interaction and/or community engagement than men<sup>10</sup>.

#### **Data Collection**

Not all respondents completed personal information forms and care needs to be taken in interpreting results of individual responses, as they don't necessarily reflect the sentiments of the senior community.

All data collection was based around the 8 World Health Organisation (WHO) question areas: outdoor spaces and buildings, transportation, housing, respect and social inclusion, social participation,

<sup>&</sup>lt;sup>10</sup> Ridgeway C. and Smith-Lovin L., Gender and Social Interaction :Social Psychology Quarterly 1996 Vol. 59 No.3

communication and information, civic participation and employment, community support and health services. There was some discussion which did not seem to fit within these parameters, or crossed a number of areas.

#### **Carers Survey**

Carers of senior people in our community are a diverse group about whom it is difficult to gain relevant current information due to the nature of their roles and confidentiality issues when seeking information from government and non-government departments or agencies.

Many carers don t necessarily identify themselves as a carer as the person(s) they are caring for are a family member or friend. Sometimes an elderly parent cares for a younger family member, so it cannot be assumed that all carers are younger than the people for whom they are caring. Often the person in the caring role doesn t receive physical or emotional assistance or payment for their work/effort and many don t know, or don t know how to find out, about available services which could help them in their caring role.

Accessing Carers was treated with appropriate sensitivity. Often this group do not self identify or feel able to participate in these processes. Special attention was paid to this group of stakeholders that honoured the sensitivity and special needs surrounding their involvement. Due to the awareness and professional relationships of the Project Consultant the project was able to successfully recruit significant input from carers in the Denmark community.

There are an estimated 31 known carers in Denmark and many more who are not registered with any agency and/or don t want to be classified as a carer, for personal or privacy reasons. It is important to note that organisations, whose clientele include carers and the seniors they care for, were invited to participate at the Service Providers Forum on Wednesday 9 March 2011 and to provide detailed information for the AFC study e.g. Disability Services, Alzheimer s Association, CarersWA and the regional Health Department s Aged Care Assessment Team (ACAT).

Thirteen written and oral responses were received (42% response rate), all from female carers who were either retired or worked part-time, a couple as support workers. These women are either caring for spouses, parents or other family members and some for disabled or sufferers of chronic conditions such as Alzheimer s, Dementia, or cancer.

#### Seniors Survey

A survey instrument was developed based on the 8 WHO questions. This survey was made available as a hard copy or as an online option. The hard copy could be completed and submitted to the Shire of Denmark or Consultant and the online version was accessible through the Shire of Denmark website. ISP (Internet Service Provision) security controls ensured the validity of the survey. Total number of survey responses n (193).

#### **Response Rates**

There is little available research to assess the merit of response rates; however the University of Texas has published material on survey collection methods and acceptable response rates.

Acceptable response rates for mail and face-to-face surveys are 50-60% and 80 to 85% respectively. Though the mail survey response rate was lower than acceptable, this was supported by the additional methods of focus groups and seminar presentation. There were consistent themes identified through all methods

Overall the number of people involved and the variety of survey methods used were sufficient to gain some insights into the key issues for older adults in the Denmark community.

Every care has been taken to present and discuss the results with these limitations in mind so that no unreasonable claims are made.

# **Seniors Focus Group Forum**

The Denmark Age Friendly Community Forum for seniors took place at the Shire of Denmark Administration Buildings on 23<sup>rd</sup> March 2011.

## Present at the Forum were:

85 participants between 50 and 85 years of age, comprising 44 females and 27 males of mixed socio-economic background with 71 of the 85 participants completing participant information forms.

7 professional experienced focus group facilitators,

Denmark AFC Project Consultant

The profile of the forum group based on the participant information forms:

Employment	Retired	full time	part time	Unemployed
Status	63	2	3	2

Education	5	35	31
Level of	Primary	Secondary	College or University

General	Excellent	Good	Fair	Poor
Health	26	28	17	0
ricaiti	_	_		_

Health limits	yes	No
daily activity	22	49

Living in your	Alone	Spouse/ partner	Other relatives	Non relatives	Children
home	20	3	44	2	4

Rent or own	Rent	Own	Other
home	11	56	4

Table 9: Seniors Forum Participant Information Profile

The traditional approach to focus groups with 6 to 10 participants was incorporated into a forum style event. There were 70 registrations for the forum with an additional 15 people arriving on the day in response to additional promotions by the project consultant. The participants were organised into tables based on age under 75, 75 years plus or mixed age. There were a total of six tables; two for each segment. Each table was facilitated as a focus group and provided response to the 8 key identified areas of the WHO Age Friendly Community project. Groups were asked to identify the top 4 questions they felt most passionate about and to summarise key points at the end of the session.

The forum format was selected to overcome the negative impact of focus group fatigue while still allowing focus group methodology to take place.

Additional opportunities for comment were available by use of the notice board or, for sensitive or confidential issues, written submission to a closed box provided.

The forum functioned primarily as a consultation/research exercise. Its secondary function as a socially inclusive, information sharing and networking event were invaluable in this community setting.

In addition to strengthening the process it has contributed immeasurably to the discussion, sense of ownership, participation and responsibility of the cohort for further engagement in the Age Friendly Community project.

#### **Service Providers Forum**

The Denmark Age Friendly Community Forum for Service Providers took place at the Shire of Denmark Administration Buildings on Wednesday 9<sup>th</sup> March 2011.

Invitations were sent to 25 organisations, with 23 representatives attending (92% response rate). Present at the forum were 23 people of which 19 completed Participant Attendance forms (Response rate of 82%).

There were 6 male and 13 female attendants. Of these attendants there were:

13 from the public sector,

6 from the private sector and

5 from the voluntary (non-profit) sector.

The period of employment in identified sector was:

6 less than two years

4 two to four years

9 over five years

Experience in working with older people was noted as:

10 a lot

6 a moderate amount

2 a little

1 none

To cover all topic areas the Service providers Forum was facilitated with a series of 4 concurrent sessions across two tables with facilitators and scribes remaining at the same table for the duration of the forum.

Session	Table A	Table B
1	Qtn 1: Outdoor Spaces and Buildings	Qtn 2: Transportation
2	Qtn 3 : Housing	Qtn 4: Respect and Inclusion
3	Qtn 5: Social Participation	Qtn 6: Communication and Information
4	Qtn 7: Civic Participation and	Qtn 8: Community Support and Health
	Employment	Services

Table 10: Service Provider Forum Participant Sessions

During each session participants were invited to attend the session table that was most relevant to their expertise and interest. Participants were also encouraged to move to another session running at the same time to contribute or share information, cross pollinate ideas and develop their own networks and opportunities within the Age Friendly Community context.

Additional opportunities for comment were available by use of the notice board or, for sensitive or confidential issues, written submission to a closed box provided. A summary of key points was discussed at the end of the Service Providers Forum. (APPENDIX 9: List of Service Provider Organisations represented at forum)

There were a total of 314 occasions of contact or response from Denmark seniors, calculated from the following events, communications and data collection:

85 seniors attended AFC Seniors Forum
23 Service Provider representatives
193 survey responses
13 Carers interviews/responses
TOTAL = 314 occasions of contact/response



Over 50s Association meeting 2010

# 9. Denmark Community Profile

# Location, Local Economy, Environment and Climate

#### Location

Denmark is located on the south coast of Western Australia approximately 50 kms west of Albany, the closest regional service centre, and 430 kms south of Perth. The Shire has an area of 1843 sq kms extending 70 kms in an east-west direction and 30 kms north-south. The town centre is located approximately 10 kms west of the eastern boundary of the Shire.

## **Local Economy**

The Shire of Denmark relies heavily on its agricultural and tourism industries for its employment and economic base. Whilst traditionally the timber industry provided the impetus for Denmark to be settled (as a Millars privately owned town) ironically after the millers have long since left, it is the very same tall timber of Marri, Karri and Tingle forests that continue to survive and flourish that is essentially now the tourism -economic life of the Shire

With over 100,000 visitors through the new (opened in 2007) Denmark Visitor Centre in its first year and 120,000 annually through the Valley of the Giants Tree Top Walk, Denmark s population relies heavily on tourism all year around, but certainly in peak periods such as school holidays and the summer months.

Many businesses have a predominately tourism bias; from restaurants and cafes, to approximately 28 wineries and cellar door vineyards. Most businesses within the Shire are small to medium enterprises with the Shire Council, Denmark Health Service, Denmark High School, Denmark Agricultural College and Denmark Primary School being amongst the biggest employers with between 30-60 employees each.

However the strength of the local economy isn t exclusively with these large employers but the small businesses. Apart from its early years as a timber town, the community has always relied on these small enterprises as the mainstay of its economy.

Council is currently planning the development of a new Industrial Park of 40 ha to cater for expected demand for service commercial / light industrial uses in the next 20 years.

The Shire typically has low unemployment numbers, with a lower than average participation rate, due to the mean age of our residents being the second highest in the State at 44<sup>11</sup>. This also means that the health, ageing and well being services feature heavily in business activity with aged housing and health services being growth industries likely to continue to be required to meet the needs of the baby boomers and retirees seeking a tree and sea change in Denmark.

In summary, dominant industries which contribute significantly to the local economy and employment include:

<sup>&</sup>lt;sup>11</sup> 2006 Census Basic Community Profile (Denmark), Catalogue 2001.0, 2007, Australian Bureau of Statistics

Agriculture including cattle and intensive

horticultural pursuits

Tourism

Viticulture including cellar door

Caravan parks (6)

Accommodation providers Environmental Activities Commercial Fishing

Building and associated Trades Earthmoving and Construction

Conferences
Artisans and Crafts

Eco-tourism
Education
Health services

Healing and well being services Restaurants and food premises

Mechanical services

Retail.

Whilst generally most services are available in the town of Denmark, Albany being approx 60km away, serves as the regional centre for other products and services not so readily available.

#### **Environment and Climate**

Denmark is home to a vast panorama of natural wonders including the rugged coastline, beautiful beaches, inlets, rivers, towering karri forests, and ancient tingle trees. A great deal is done today to conserve and protect the great forest trees and wilderness areas. The people of Denmark are very much aware of the need to care for the magnificent coastline and all its natural attractions.

The temperate climate of four seasons has an average annual rainfall of 1089.6mm (rainfall statistic taken from the Bureau of Meteorology website). The average daytime temperature in summer is 25C and winter 16C (approx).

# **Demographics and Population Characteristics**

Denmark has experienced a high level of population growth in recent years, in contrast to many country local authorities that are suffering a steady decline in population. In the period from the 1996 census to the 2001 census, the ABS estimated the actual population grew by 18.2% , (compared to the regional centre of the City of Albany which grew by 9.65% ). In addition between 2000 and 2009 the Australian Bureau of Statistics (ABS) Estimated Resident Population (ERP) for the Shire has increased from 4,615 to 5,311 (estimate) which represents a total increase of 15.1% over this 9 year period.

Renowned author and demographer Bernard Salt has listed Denmark as one the growth areas needing to bear the burden of baby boomers and internal migrants moving to the their sea-tree change over the next decade.

The Shire of Denmark s population is ageing faster than most municipalities due to the sea-tree change baby boomer phenomenon. The percentage of Population of the Shire of Pension age is 16% with a median age of resident of 44 (the second highest in the State at the 2006 census).

The WAPC document W A Tomorrow<sup>12</sup> forecast conservatively that the Shire of Denmark population will reach approximately 7300 by about 2021. Council s draft Local Planning Strategy is slightly more bearish with a population range of between 7500 and 8500 by that same time.

<sup>&</sup>lt;sup>12</sup> Western Australia Tomorrow, Report No. 6, Nov 2005, Western Australian Planning Commission

## (APPENDIX 1: ABS and WAPC Population profile)

WA Tomorrow - Population projections for planning regions 2004 to 2031 and local government areas 2004 to 2021. The report contains projections of the Western Australian population, by age group and sex, to 2031. Population projections are made for each local government area to 2021. These forecasts are based on anticipated changes to natural increase, immigration and interstate and intrastate migration. Local economic intelligence and multiplier effects from known development projects are then used to adjust the underlying assumptions. <sup>13</sup>

	Total POP	55 to 64 yrs	65 to 74 yrs	75 yrs plus	55 plus
2004	5180	649	499	311	
% of tot Pop	100%	12%	9.60%	6%	27.60%
2021	7301	1081	961	772	
% of tot Pop	100%	14%	13.6%	10.60%	38.20%

Table 11: Percentage of total population 55 years plus 2004 and 2021

According to the WAPC estimations in 2004, 27.6% of the Denmark population were aged 55 and over.

In 2011 there are between 1,780 and 1,951 seniors aged 50 + currently residing in Denmark, which equals approximately 33.40% of the Shire Population It should be noted that Denmark has a small transient, seasonal population and some residents who live in caravan parks or alternative accommodation in the locality.

In the next ten years the population aged 55 and over will rise to 38.2% of the total population.

#### Social Relationship: Married and De facto Arrangements

In the 2004 ABS Census a total response of 1276 persons 55 years or over indicated they were in a shared relationship. 844 indicated this relationship was a registered marriage while 61 indicated this was a de facto relationship. An additional 371 responses indicated they were not in a registered or de facto relationship. It is difficult to surmise from these finding if this is relates to single person household.

<sup>&</sup>lt;sup>13</sup> Source - Western Australia Tomorrow, Report No. 6, Nov 2005, Western Australian Planning Commission

Approximately 20% of persons in the 55 64 years old bracket indicated they were not married. This was 27% for the 65 74 Years bracket and 50% for the 75 years plus bracket. (APPENDIX 2: Table: Social Marital Status by Age by Sex (B06))

#### **Qualifications and Education**

High School attendance and level of achievement is fairly even across male and female in all age brackets. 1098 persons attended year 10 or above. This is 80% of the 1358 persons who responded to this question. (APPENDIX 3: Qualifications and Education)

Of the 607 persons who adequately described or stated non school qualifications 33% achieved a Certificate level qualification, 29% achieved Advanced Diploma and 38% achieved a Bachelor Degree or higher.

It is interesting to note that in all age groups that males were more likely to have pursued a Postgraduate Degree. The Advanced Diploma, Bachelor Degree, Graduate Diploma and Graduate Certificate level of education was evenly spread across male and female groups in respective age brackets. The achievement of Certificate Qualification is a heavily dominated by males and is likely to be the trades apprenticeships certification.

While it is not possible to relate the field of study to the level of study there are some significant difference based on sex. For example Engineering and Related Technologies has 127 total respondents across age groups. This is dominated by males (n120) to females (n7). Similarly for Architecture and Building the total of 47 responses are all males. Education however shows a strong female ratio with 107 responses breaking down to 37 males and 70 females. This is similar to health where a total response of 92 breaks down to 18 males and 74 females. There is a more even distribution in Management and Commerce where 93 responses are 44 male and 49 female. Society and Culture also demonstrates an even distribution where 67 responses breakdown to 31 male and 36 female.

#### Income, Labour Force Status and Occupation

Of the 1398 responses to the ABS Survey 2004 10% indicated their gross weekly income to be less than \$150. Further 29% (n417) responses stated their gross weekly income to be \$150 -\$249, 22% (n315) stated \$250 - \$399 and 15% (n215) stated \$400 - \$599. The remaining 17% (n248) receive a gross individual income of \$600 plus per week. With 1.7% (n24) reporting gross income of \$2000 or more per week. (APPENDIX: Income, labour force status and occupation.)

In the 55- 64 years age bracket 127 males worked full time and 72 males worked part time. For the same age bracket for females the reverse is evident. 69 females worked full time and 110 worked part time.

Unemployed and looking for work figures are very low. Given the high number of male and female people in the 55 64 years age bracket that state not in the labour force we may surmise a high number of early retirees in the area.

High concentrations of the respondents are engaged in Managerial or Professional occupations. Males appear to be represented well in Technicians and Trades while females are more active in clerical and administrative occupations. There is an even distribution of male/female working as Labourers.

## **Caring and Assistance Requirement and Activity**

The 'Core Activity Need for Assistance' variable has been developed to measure the number of people with a profound or severe disability. People with a profound or severe disability are defined as needing help or assistance in one or more of the three core activity areas of self-care, mobility and communication because of a disability, long term health condition or old age.

In this area only 5.85% (n88) of the total population have identified as having a need for core activity assistance. This is also very even with 37 males and 43 males indicating this status. However this similarity in number is not reflected in the age brackets. For example in the 75 years plus age group 12 males indicated this status while more than double this number was indicated by females (n29). (APPENDIX 5: Caring and Assistance requirement and activity)

The provision of unpaid assistance to persons with a disability is evident across the age groups and sexes. The assistance is more likely provided by females. In the 55-64 years age group 13.85% (n106) indicated they provide assistance to a person with a disability. This figure was 46 males and 60 females. In the 65-74 years age group 9.3% (n41) indicated they provide assistance to a person with a disability. This figure was 16 males and 25 females. In the 75 plus age group 7.2% (n22) indicated they provide assistance to a person with a disability. This figure was 9 males and 13 females.

It is evident that some persons in the 55 64 years age group are still caring for their own children. Interestingly there is evidence that many are providing unpaid childcare for other children. This may be evidence of caring for grandchildren while parents work or are away. 7% (n106) of persons responded they were caring for children other than their own in both the 55 64 years and 65 -74 years age groups.



Intergenerational Interaction

## **Voluntary Work**

A total of 32% respondents stated they did voluntary work. In both the 55 64 years and 65 74 years age groups this was approximately one third of all respondents. This trend reduced in the 75 years plus age group to approximately 15% participation in voluntary work. (APPENDIX 6: Voluntary Work)

#### **Government Pensions and Allowances**

	2005	2006	2007	2008	2009	
Age Pension -	512	526	537	556	589	
Centrelink						
Age Pension - DVA	0	0	Np	Np	Np	
Carers Payment	16	18	22	21	28	

Table12: Selected Government Pensions & Allowances - for Denmark at 30 June 2009

Source: National Regional Profile: Denmark (S) (Local Government Area)
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## **Housing Type and Tenure**

It appears that more property owners are moving to live permanently in Denmark. Over time the number of residents with Denmark postal address versus non-Denmark addresses has changed from approximately 50/50% to 71% to 29%, as identified in the 2010 Rates notice mail out. Approximately 671 resident property owners are seniors, with 543 absentee property owners.

There is not a large range of housing and accommodation options available for seniors in Denmark, with many owning and still living in their own homes/properties, renting or living with family or in retirement accommodation.

# **Retirement Accommodation**

The two retirement accommodation options available for seniors in Denmark are Amaroo Village and Lionsville.

Amaroo has developed 36 independent living units of which 26 are currently occupied. Nine (9) of the 10 nearly completed Independent Living Units (ILUs) have prospective residents waiting to occupy and of these 4 are rentals. The other 32 ILUs are Life Leases as prescribed under the retirement Villages Act WA. Amaroo plans to build another 6 units and a village clubhouse in the near future, on the current land available.

Lionsville has 26 established units; Lionsville Terrace (4 units), Lionsville Court (15 units) and Lionsville Gardens (7 units) and have permission to construct another group of 6 units in the near future.

<sup>&</sup>lt;sup>14</sup> Shire of Denmark Rates Book 2010 -2011

#### Rentals

The Department of Housing currently has seventy two (72) public housing properties in Denmark, with approximately 50% (n 36) occupied by over 50 year olds. This equates to 12.5% of the available housing in Denmark. A number of seniors have commented on how difficult it is to get off the waiting list for government accommodation, particularly seeing as the retirement village options are no better for those on a pension, without any other assets. Perhaps the Department of Housing could be approached to provide more age specific and appropriately designed and built public housing in future.

An estimated 275 (53.7%) of other rentals are privately owned and managed, with real estate agents managing the remaining 170+ rentals representing approximately 33.2% of the rental market.<sup>15</sup> (APPENDIX 7: Housing and Accommodation)

It appears that more property owners are moving to live in Denmark over time as the percentages used to be approximately 50/50 and now they are 71% to 29%. The Shire mail-outs for the rates notices in August 2010 totalled 2,009 envelopes for Denmark Postal Addresses with 1421 envelopes for external postal addresses totalling 3,430 notices. Approximately 671 resident property owners are seniors, with 543 senior absentee property owners also registered, equating to 1,214 in total.

When asked if a Lifestyle Village for Over 55 s (in conjunction with the Denmark Country Club) would be a future option for retirees, 83.7% of respondents over 50 year old replied in the affirmative. Sixty two percent (n 170) of senior respondents were in favour of a Golf Course Residential Development (in conjunction with the Denmark Country Club, and fifty two percent (n107) were positive about a potential Residential Subdivision of Councils existing freehold residential zoned land on Beveridge Road, near the Shire offices.<sup>17</sup>



Amaroo Denmark Western Australia

<sup>&</sup>lt;sup>15</sup> ABS Census 2006 Dwellings and Housing Statistics

 $<sup>^{16}</sup>$  Shire of Denmark Rates Book 2010 -2011

<sup>&</sup>lt;sup>17</sup> Shire of Denmark, 2011 Community Needs & Customer Satisfaction Survey Over 50s responses



Denmark Bowling Club members take to the greens 2011

## Social Infrastructure and Services

Following is a list of the social/cultural/recreational groups currently active in the town and surrounds. While all groups are social by nature and encourage participation and interaction we have divided the groups in to three general types: social, environmental and religious organisations.

## **Social Groups**

Country Womens Association

Denmark Aquatic Centre Committee
Denmark Angling and Boating Club

Denmark Animal Carers

Denmark Arts Council
Denmark Badminton Club

Denmark Basketball Association

Denmark Bowling Club Denmark Bridge Club

Denmark Climate Action Committee

Denmark Community Foundation

Denmark Crafty Quilters
Denmark Cottage Crafts Inc.

Denmark Country Club (Golf and Tennis)

Denmark Cricket Club
Denmark Dragon Boat Club
Denmark Embroiderers
Denmark Football Club

Denmark Garden Lovers' Circle Denmark Historical Society

Denmark Men s Group

Denmark Over 50's Association
Denmark Red Cross Unit and Shop

Denmark RSL

Denmark Rugby Club
Denmark Soccer Club
Denmark Spinners Group

Denmark Stamp Collectors' Club

Denmark Village Theatre

Denmark Weight Watchers Denmark Yacht Club

Ladies Darts Club

Lions Club of Denmark Inc.

Loomshop Weavers Masonic Lodge

Nornalup Residents & Ratepayers Parrys Beach Voluntary Management

Group Inc.

Parryville Hall Committee Peaceful Bay Progress Assoc Probus Club of Denmark

Scotsdale Progress Association

Scotsdale Tennis Club St Vincent De Paul

Tingledale Hall Committee

Wood Turners Inc



**Denmark Crafty Quilters Exhibition 2009** 

# **Environmental Groups**

Denmark is renowned for being a Green Town and the following groups attest to the proactive energies aimed at environmental awareness and political action. Many of these very active groups are heavily populated with males and females aged 50 years plus.

Climate Action Denmark
South Coast Environment Group
William Bay National Parks Assoc
People for Parkland
Tidy Towns Committee
Green Skills Inc

Centre for Sustainable Living
Denmark Weed Action Group Inc.
Denmark Environment Centre
Denmark Conservation Society
Denmark Community Windfarm Inc.
Denmark Transition Town

# Religious

Anglican Church (St Leonards )
Denmark Baptist Church
Christian Family Centre
Congregation of Jehovah s Witnesses

Quakers Seventh Day Adventist St Mary's Catholic Uniting Church

## **Public Services**

#### **Health Services**

Denmark Multipurpose Health Service (MPS) WACHS/Great Southern.

Denmark Hospital with its recently built new facility on Scotsdale Rd. provides the local community with high level medical care for injury presentation (ED), X-ray, acute nursing wards, visiting specialists and a range of services including residential aged care, physiotherapy, podiatry, occupational therapy, community services (HACC Home and Community Care), Meals on Wheels, Health Promotion and Child Health.

There are 22 Aged Care Beds in the Residential Care Facility and 10 Acute Ward beds.

## **Home and Community Care (HACC)**

HACC offers domestic, personal care, social support and respite services, including home and garden maintenance and community nursing.

The nursing boundary for service provision by Denmark Health Service is Lake Sadie Road Young Siding to Peaceful Bay. Statistics show the numbers of clients each year is increasing by approximately 7% per year.

AGE	Number of Clients
Under 50	5
50 60	6
61 70	14
71 80	35
81 90	70
91 100	16
TOTAL CLIENTS	146

	Total Services provided in units (A unit = 1hr or part thereof)*
2006/2007	20,659
2007/2008	21,082
2008/2009	22,12
2009/2010	22,773

<sup>\*</sup>Total occasions of service provided to all HACC clients

Table13: HACC Client Occasions of Service

The total number of HACC clients over 50 years of age accessing HACC services is 141(5 other clients are under 50 yrs).



Denmark Health Service Injury Prevention Best Foot Forward presentation for Stay on Your Feet Week at Denmark recreation Centre September 2010

## **Primary Health Care Services**

**The Great Southern GP Network** recently undertook a needs analysis of primary health care services in the SW WA Medicare Local Region<sup>18</sup> as part of the Federal Government s Medicare Local reform. The aim of the survey was to identify gaps and key areas of need to better inform and target primary health care services under the new system. Some of the key findings (relating to seniors health) are:

The population is ageing, especially in the southern parts, which will place significant pressure on the health system over the next 25-30 years,

The rate of GP use by South West WA ML residents was 10% lower than that of WA and 25% lower than that of Australia. These rates were 433, 157 per 100,000 population for South West WA ML resident, and 482,751 per 100,000 for WA residents and 574, 292 per 100,000 populations for Australian residents.

The rate of GP use by Denmark residents was 410,152 per 100,000 populations, which is significantly higher than the state and national rates.

According to the report the rate of GP use by South West WA ML residents was 25% less than that of rest of Australia and 10% less than that of WA. The difference in rates can be explained by a number of factors, including difficulty in accessing GP services, lack of GP s, waiting times and lack of after hour services.

The region s population is becoming more reliant on local Emergency Departments using these services increasingly, and at a higher rate than the state, for semi and non-urgent conditions that could be treated by a GP.

The region has a significant ageing population, particularly in the lower parts, and the potential burden of this needs to be taken into consideration when planning future health services.

<sup>&</sup>lt;sup>18</sup> Lillicrap, L (2011) Primary Health Care Needs Analysis for the South West WA Medicare Local Region (Draft), Great Southern GP Network, Western Australia

The rate of Annual Assessment of 75+ age group was **significantly higher for the Denmark community** with 43, 609 per 100,000 compared to 16, 853 per 100,000 for WA residents and 19, 841 per 100,000 for Australian residents.

#### Other Services

Visiting specialists are accommodated in the Health Service facility with special consulting rooms for psychiatric, orthopedic and gerontology consultations and video conferencing. Utilising Telehealth and Aged Care Channel connections, demonstrates the increasing use of technology providing more easily accessible, better health care services.

## **Carers and Carer Support**

A number of seniors in the Denmark community have a carer. Carers are usually family members or friends who provide support to a person who has a disability, a mental illness, a chronic condition or is too frail to provide care for them self. Not everyone who gives care thinks of them self as a carer.

In 2010 there were 32 people actively registered as care receivers, consisting of 24 clients with registered carers of whom 17 were women and 7 men. 8 people don t qualify in the seniors sample due to unknown definite age of person or client being under the age of 50 yrs.

**Carers WA** provides carers with referrals to services and practical written information to support them in their caring role.

The Disability Services Commission Lower Great Southern (DSC) provides local area coordinators and resources to Denmark residents registered as disabled, with sight impairment and intellectual disabilities.

There are currently five people over the age of 50 yrs, registered with DSC as full time clients. There are about five more people that are not registered but are provided with advocacy and information by Albany DSC, and others as they arise throughout the year. There are two disabled people with ageing carers who will need future support/care/funding and it is anticipated there will be an increasing trend in the need for disability services.

Being a senior (50+ yrs) does not imply having any disability, though older people can suffer physical and intellectual impairment as a result of the ageing process.

Alzheimer s Australia, Seniors Mental Health Service - WACHS Great Southern, Great Southern GP Network and the Aged Care Assessment Team WACHS Great Southern all provide services for over 50 year olds in the Denmark community.

#### **Social Services**

Department of Veterans Affairs (DVA and CentreLink (age and disability pensions) and the Community Living Association (CLA) provide social and other assessment and support services to qualifying seniors in Denmark.

## **Commonwealth Respite and Carelink**

There are a wide range of services to support independent living in the community, but finding out about them or accessing them can be time consuming, difficult and confusing.

Commonwealth Respite and Carelink Centres provide a single point of contact for the general public, service providers, general practitioners and other health professionals for information on community, aged and disability services and carer support. The Centre (based in Albany), but reachable by seniors through an 1800 number, can also assist with information about costs for services, assessment processes and eligibility criteria.

#### **Private Health Services**

Denmark Surgery Inc 4 resident GPs and 1 nurse practitioner

Jane James s Surgery 4 resident GPs and 1 nurse practitioner

Denmark Physiotherapy Clinic 2 physiotherapists

Denmark Podiatry 2 podiatrists

**Denmark Pharmacy** 

Denmark Natural Therapy Centre homeopathy, acupuncture, massage, counselling

PathWest Haematological services (blood testing etc)

Denmark Dental Surgery 2 full-time dentists

Ophthalmic/optician 1 visiting on regular basis

## **Voluntary Services**

St. John Ambulance 2 ambulances and 6 volunteers.

Denmark Red Cross Unit and Denmark Red Cross Shop

Meals on Wheels

Community Collective food boxes every week to 30 + families in Denmark

Various church groups provide some voluntary assistance to those in need

Anglican Church (St Leonards ) The Mustard Seed second-hand shop

**Denmark Baptist Church** 

**Christian Family Centre** 

Congregation of Jehovah's Witnesses

Quakers

Seventh Day Adventist

St Mary's Catholic collect for St Vincent De Paul

Uniting Church rents a couple of church owned properties out to families in crisis and provide

Good Samaritan collection bins at church location

#### Physical Infrastructure

The Shire of Denmark Local Planning Strategy and WAPC Lower Great Southern Strategy, refer to Denmark s population continuing to grow to meet the identified demand for development on the south coast, projected to 2029. Within the Shire there are existing settlements proposed to expand over a period 2011 to 2020 to 2029 as follows:

Denmark District Service Centre from 3,500 to 5,000 to 7,000 persons

Bow Bridge Settlement remaining at approximately 20 persons, could increase

Nornalup from 200 to 1,000 to 2,500 persons

Peaceful Bay from 200 to 1,000 2,500 persons

The Denmark town centre is built across a relatively steep site that slopes down to the Denmark River basin. The South Coast Highway runs through the centre of the Denmark Township. Strickland Street is the main street that intersects with the Highway. Strickland Street runs north south perpendicular to the east- west South Coast Highway. This is a very busy intersection, particularly between the hours of 8am and 4pm and during the tourist season. This is a very busy intersection especially between the hours of 8am and 4pm. There is a small standing area in the island in the middle of the road.

Of the senior respondents to the 2011 Community Survey 89% overwhelmingly agreed that Council should investigate the installation of traffic lights at the intersection of Ocean Beach Rd and South Coast Highway, overwhelmingly agreed. It should also be noted that there was also a number of suggestions that roundabouts might be a better proposition.<sup>19</sup>

The main supermarket is situated on the north west of this intersection while other services such as banks, post office, chemist and doctor surgeries are located on the south side of the South Coast Highway.

Recent streetscape works in the main street of the CBD, Strickland Street, has incorporated wide angle parking, new pedestrian paths, nibs at intersections and a series of steps and ramps at significant service points along the street. These points include easy access to the Post Office at one end and the chemist at the north end.

General supermarket shopping is mainly carried out at the Denmark IGA. This store is built on a relatively steep sloping site. The undercover car park facility provides 24 parking bays. These bays are difficult to access when the car park is busy. The walk from the car park to the store front is steep. Shoppers with trolleys are required to walk down a steep curved path to the car park. There is a side parking area on North Street which allows cars to short term park to load shopping and for taxi drops.

There is no public transport available in the Shire of Denmark. The TransWA bus arrives in Albany from Denmark on Monday to Friday at 8.47am and departs at 5.23pm from Denmark to Albany. The local Taxi service has in the past offered a daily return trip to Albany, leaving Denmark at approximately 9.00 am and returning by lunchtime. The Shire of Denmark has a community bus that is available for hire for members of the community.

According to the Shire of Denmark Community Needs Survey the results for the standard or rural and urban roads indicated a higher level of satisfaction of urban roads (83.90 satisfactory or better) than rural roads (67.52% satisfactory or better). Such a result was not unexpected given that urban roads are constructed to a much higher standard than rural ones due to the larger volumes of traffic, residential density in urban areas and greater access to road funds for improvements.

These responses for rural and urban roads are an improvement on the 2004 Survey results where 72.67% rated rural roads to be in a satisfactory or better and 55.42% of respondents rated rural roads at urban roads to be in a satisfactory condition.

## **Transportation**

There is no regular public transport service available in the Shire of Denmark. Local mobility is by private transport and a taxi service. A small community bus is available for specialist groups and occasions.

<sup>&</sup>lt;sup>19</sup> Shire of Denmark, 2011 Community Needs & Customer Satisfaction Survey Over 50s responses

TransWA service provides a link between Denmark and Albany and Denmark and Perth. The Trans WA timetable is not suited to daily personal and business activity between Denmark and Albany. The Denmark Seniors are in the early stages of developing a volunteer drivers system. The booklet Transport Options for the Shire of Denmark was prepared by the Seniors Advisory Committee and the Great Southern Manager Department of Transport. (APPENDIX 8: Shire of Denmark Transport Options booklet)

Over 54% of senior respondents in the Shire s Community Customer Satisfaction Survey (n86) identified a definite need for regular transport, both to Albany and in and around the town. They also favoured Council providing or have a role in generally supporting public transport.<sup>20</sup>

## Foot path, shared use paths and walk trails

According to the Shire of Denmark Community Needs Survey there was clear support that property owners are generally satisfied with standard of footpaths and walk trails within the Shire (71.02% satisfactory or better for footpaths and 78.51% for walk trails).

The 2004 Survey provided a similar response for footpaths (70.51%) but a reduction in satisfaction in walk trails (down from 90%). That said, it is still reasonable to assume most are reasonably satisfied with the standard of paths and trails. There was a strong level of support for the expansion of the footpath and trail networks.

The 2011 Community Survey recorded nearly 70% support (n109) for more and better quality dual or shared use paths around the Shire of Denmark and that Council should provide more cycling paths.

# **Street Lighting**

From the Community Needs Survey there was a reasonably high level of satisfaction to the standard of street lighting, with 62.03% rating the standard as satisfactory or better.

# Street Furniture, Benches, Bins etc

77.65% of respondents rated the standard of street furniture as being satisfactory or better.

In general, the survey responses indicated a high level of satisfaction for the standard or roads, paths, trails and associate infrastructure within the Shire.

# Parks Gardens and Reserves

Significant expenditure is allocated to the maintenance of these important facilities and a high level of satisfaction with 88.85% rating their standard as satisfactory or better.

It should be noted that this figure is down from the 91.62% level recorded in the 2004 survey. However without further comparative data it can not necessarily be inferred that this reflects a general downward trend.

Natural or earth burials were discussed in a few of the Seniors Forum focus groups, as an alternative to traditional burial methods or cremation. A number of respondents to the AFC Survey mentioned an interest in having a choice about how their remains were to be disposed of, with natural burials becoming a potential option. The Council s Cemetery Advisory Committee has already investigated

<sup>&</sup>lt;sup>20</sup> Shire of Denmark, 2011 Community Needs & Customer Satisfaction Survey Over 50s responses

natural burials in July 2009 noting as there has only been one request for this type of burial received in the last 30 years, at this point in time it does not consider that there is a need for the provision of a natural earth burial site neither within the current Cemetery nor at an alternative site within the Shire of Denmark <sup>21</sup>

As the topic of natural burials<sup>22</sup> becomes more widely discussed and people become more aware of this burial method there could be reason to open the discussion again with Council, whereby the development of a natural earth burial site at a suitable location either in the existing town cemetery or designated park or reserve in the locality.

#### **Urban Bush lands and Reserves**

77.93% of respondents rated the standard of urban reserves and bush land as being satisfactory or better and as such a high level of satisfaction can be assumed.

#### **CBD Streetscape**

From the 2011 Community Needs Survey the CBD Streetscape received a high level of satisfaction with 82.51% of respondents scoring satisfactory or better to this question. The Council allocated \$499,400 in the 2009/2010 financial year for the upgrade of the CBD area, including car parking. These works are expected to be completed by December 2010.

#### Parking in CBD

Strength of Agreement 1=Disagree 5 = Agree (%)	1	2	3	4	5
Council should provide more parking in the CBD	4.05	4.62	24.57	24.57	42.20

Table 14: Parking Ratings for Parking in CBD

From the 2011 Community Needs Survey there was strong opinion that Council should provide more parking in the CBD (%?). The strong support for this question was anticipated and has been an ongoing issue for the Shire for some time. Council recently resolved to use a significant portion of the Royalties for Regions funds for the development of the CBD area to address overcrowding, particularly during peak periods.

The Survey Analysis recommended that provision of car parking be a major priority for the redevelopment of the CBD area, using a combination of Royalties for Region funds, property developers contributions and municipal funds.

#### Level of Facilities and Services

The 2011 Community need Survey recorded high level (40.99%) of respondents who were unsure as to the standard of public facilities. Of the remaining 59.01% who did respond, 48.44% of these recorded a satisfactory or better rating. This is considered to be a positive result and is consistent with the 2004 Survey, which had 55% of respondents as unsure and 39.43% recording a satisfactory or better rating.

The Shire of Denmark works closely with the Seniors Advisory Committee, Denmark Over 50 s Association and other community group to provide these facilities and this positive result is most encouraging. Council has also been active in supporting the Lionsville and Amaroo Retirement Villages to develop accommodation for seniors in the District.

<sup>&</sup>lt;sup>21</sup> Report extract from Denmark Council Minutes 10 August 2009 A3212

<sup>&</sup>lt;sup>22</sup> Natural Earth Burial is the burying of a body in a shroud or biodegradable coffin in a shallow grave (approximately one metre deep) without the use of any chemicals which enables a more natural decomposition.

Seniors account for a significant percentage of property owners, as evidenced by the respondents to this survey and traditionally Denmark has been seen as a popular town for retirees.

This survey result recommended that the Shire of Denmark continue to work closely with the Seniors Advisory Committee and other relevant stakeholders to maintain a high level of service provision and standard of facilities for seniors to enjoy.

## **Swimming Pool**

The need for an indoor aquatic facility has been an ongoing cause for over 19 years, with 3 feasibility studies conducted over that period. A bequest to assist in the construction of a local pool was kick-started the project in 1992. Addressing ratification of a public swimming facility has become the prime objective of the Denmark Aquatic Centre Association (DACA) which currently has over 450 financial family memberships. DACA s interests are represented by the Denmark Aquatic Centre Committee Inc. (DACCI).

In late 2009 a Feasibility Study for a Sustainable Indoor Heated Aquatic Facility for the Shire of Denmark was conducted to determine the feasibility for a sustainable indoor heated aquatic facility in the Shire of Denmark in accordance with Department of Sport and Recreation s (DSR) Feasibility Study guidelines.

The following table details the responses from the 2008 Community Needs Survey, as to whether the Council should construct a swimming pool and if this could be supported with a raise in rates.

Strength of Agreement 1= Disagree 5 = Agree	1	2	3	4	5
Council should construct a swimming pool within Denmark	20.45	7.39	19.32	16.76	36.08
Council should raise rates to construct and maintain a	37.22	11.93	19.32	18.18	13.35
swimming pool					

Table 15: Construction and Maintenance of Swimming Pool Response Rates 2008

From the 2008 Community Needs Survey strong level of support for the construction of a swimming pool was evident with 52.78% of respondents agreeing or strongly agreeing. However, it should also be noted that one in five respondents is strongly opposed to such a facility. Fewer than 50% of the respondents strongly disagreed with the statement that Council should raise rates to construct and maintain such a facility.

Council has recently appointed an Advisory Committee to undertake a needs analysis of a swimming pool facility. If it is determined that such a need exists a feasibility study will be undertaken to examine issues such as preferred design, construction costs and entry fees for this facility.

Interestingly, the 2011 Community Needs Survey confirms a continuing need/demand for a swimming facility with numerous references to this in the responses of the 50+ year old respondents<sup>23</sup> and from the participants in the Seniors Age Friendly Community Forum, in March 2011. The health and well being benefits to the seniors community are immeasurable and an aquatic facility, catering for the needs of all ages, appears overdue.

<sup>&</sup>lt;sup>23</sup> Shire of Denmark, 2011 Community Needs & Customer Satisfaction Survey Over 50s responses

#### People with disabilities

While the Community Needs Survey received a high number of respondents who answered unsure to this aspect of community services, 37.03% of the remaining answers rated the standard of facilities and services for people with disabilities as satisfactory or better.

Expenditure has been allocated on an ongoing basis for various projects associated with improving access for people with disabilities to Council owned facilities and it is envisaged that these funding commitments will be maintained in the Ten Year Financial Plan.

This survey result recommended that Shire of Denmark continue to work closely with the Disability Services Committee and other relevant stakeholders to maintain a high level of service provision and standard of facilities for people with disabilities to enjoy.

# 10. Findings

## Whole of Study Findings

This section presents the compiled and detailed findings of the information collected by surveys and forums. It provides responses in full and a summary based on age group, carer or service provider.

The data has been presented using the WHO Age-Friendly Framework templates for outdoor spaces and buildings, transportation, housing, respect and social inclusion, social participation, communication and information, civic participation and employment and community support and health services.

An effort to assess this qualitative data and provide an overall assessment of the criteria has been in a table format and based on the passion and emphasis evident in the responses. Qualitative weight has been given to frequency of points raised, positive and negative, in response to the questions in both surveys and focus groups discussion.

Also noted in the forum discussions was that some issues were discussed briefly while others stirred more discussion and sentiment.

Please note that the comments recorded acknowledge the range of both negative and positive feedback from both the surveys and forums.

Where applicable criterion has been given a rating as follows:

Highly Satisfactory (HS)

(Mostly appreciated, minor concerns, expressed by only a few people)

Satisfactory (S)

(Appreciated, some concerns not major, expressed by more than a few people)

Unsatisfactory (US)

(not satisfactory, major concerns expressed by a majority of people)

Not Applicable (NA)

# **Outdoor Spaces and Buildings**

**Quote:** IGA slope is a hazard. Other buildings are OK but Post Office is cramped inside, cluttered with unnecessary stuff and hard to negotiate for sight impaired and/or elderly. PO needs a bigger shop area. (Denmark AFC Survey respondent)

**Quote:** Some of the dual purpose pathways have an irritating and irrational habit of containing a difficult to negotiate (for foot or wheelchair type access) section. The Scotsdale Road end of the path from around the hospital is an example. Also the lack of connection between the Horsley Road path and the termination of the dual purpose path going west from the hospital are examples. Pushing a wheelchair along this latter path one is forced to use the road edge between the two which can be 'exciting'. (Denmark AFC Survey respondent)

**Quote:** It would be nice to have a seat or two in shops or public buildings. Only shop which has seating in Denmark is the Pharmacy. (Denmark AFC Survey respondent)

Denmark - 55 -74 years	Denmark 75 + years
Generally very happy. Feel safe. Clean fresh	Feel safe and happy.
air. Beautiful walks. Keep up the good work	Access to disable parking limited.
improving pathways.	Angle parking challenging.
Access to buildings and services is good.	Would like more seats and rest points available.
Parking becoming a little more difficult	IGA and Post Office difficult sites for individual
	reasons.
	More post boxes to reduce need to visit Strickland
	Street.

#### Carers

Not enough disabled/elderly parking bays and some shops have too many steps

Uneven footpaths cause anxiety when shopping even with carer, could not navigate if unaided. Difficult to post letters as not enough ACROD parking near PO and only one post box in town. Crossing Strickland St to the Library is challenging for carers pushing wheelchairs or seniors on Zimmer frames/ walking sticks etc.

Not many outdoor places carers can take frail/disabled; uneven pathways and few public toilets away from CBD.

Raised toilet bowls i.e. seats and height of toilets in public disabled toilets need to be able to accommodate seniors with mobility and strength issues; an occupational therapist or Disability Services should be consulted for specifications to ensure easy access and function for elderly in public locations.

#### Service providers

Denmark has the most amazing and popular spots but there are some areas where there is no no access to Seniors. Greens Pool very difficult.

Gymnasium very important to the community and seniors. Acknowledge and recognise the Shire of Denmark for their commitment.

Leisure buddy program (as per participation) Department of Sport and Recreation could be stakeholder and potential funding avenue (\$).

Outdoor	Spaces &	55-74	75+	Carers	Service Providers			
	Green	HS	HS	HS	HS			
	Spaces	Generally very	happy with nice, we	ell kept clean green s	paces and fresh air.			
	Outdoor Seating	S Appreciate the	S seating available.	S	S			
		occasionally ur	idercover.		public spaces with a view and			
	Footpaths,	S	US	US	US			
	Pedestrian		footpath work so fa					
to step outside? Take a walk, fresh air errands?	Crossings, Cycle Paths	using gophers, walking frames potpaths, cycle ways and prams and gophers continued ch, Minsterly Road, Scotsdale ct on health & well-being, These are key factors for a						
utside? Take a		There is repeated concern over right of way across the northern end of Stricklar Zodiac Square. Pavers blend with road not delineating right of way. It is sugge shared zone signs are installed to instruct pedestrians and motorists.  Crossing the South Coast Highway is the cause of much concern and angst. Movery unsafe especially during busy times of the day and in busy tourist season, avoid it by foot or by car choosing longer routes around the back streets or by no coming to town at all.						
What s it like to step o	Traffic	others are very concern associ Roundabou Bypass roa Reduced s	keen for some formated with this issue ut/s and peed limit S/US	n of traffic manageme . Suggested solutions S/US	S/US			
Wha		Highway inters focus groups at Issues raised r proximity to so around town. F not enough limited and	ections at Strickland survey response relate to these interior services, imparor example:  a parking unmonitored disab	d Street and Horsley s. rsections, and proble act on Seniors mobi	good. However the South Coast Drive have been emphasized in ems with parking availability and lity and sense of independence posite IGA).			

Feelin	g HS	HS	HS	HS	
Safe	Participants There is son speed of mo		ite-boarders and bike	riders using the footpaths	

Outdo	Outdoor Spaces &		75+	Carers	Service Providers					
Buildi	ngs									
	Services	S	S/US	S/US	S/US					
	located	There is o	There is general agreement that the services are located close together.							
	together,	Recent ra	Recent ramps and improvements to footpaths have assisted the accessibility to parts of							
What s it like t going into buildings: government offices and shops?	accessible	the CBD.  Accessibility is assisted when parking is available. According to the cohort there so to be less parking than was previously available (i.e. before the CBD streets project).  The Shire of Denmark Administration building is considered easily accessible; how one does require a vehicle to get there.  There is considerable comment and emphasis about the Super IGA site. supermarket is placed on a sloped site that presents difficulties for Seniors with inhi walking capacity. It is also a difficult site to maneuver shopping trolleys and find pathat is easy to reach after shopping.  The Post Office is considered difficult to access due to limited parking, heavy swidth door and narrow walk space inside the shop.  It is the only place in Denmark where one can get postage stamps and post art Suggested solutions are: relocate the service, find additional options to pure stamps, additional post boxes (Ocean Beach and another easy accessible town This would ease traffic congestion, parking and the difficulties of accessing a necesservice for the Seniors cohort.								
<u>i</u>	Specialised	S	S	S	S					
going into build	customer services	It was noted that some shops offer Seniors discounts on some products and services.  Many staff and workers are very welcoming and warm to Seniors in the community.  Some seniors feel that people serving them do not understand how to deal with a person with some disabilities that comes with age for example physical, visual or hearing impairment.  Suggested solution: organize training to enhance recognition, understanding and response when dealing with persons with mild to medium disabilities.								
ക	Buildings:	HS	HS	HS	HS					
ıat s it lik	signage, seating AF features	Most buildings are adequately signed. More seating in the CBD area and within the shops would make the area and buildings more age friendly.								
$\Rightarrow$	Public toilets.	S	S	US	S					
>		Many pul	vith posture and mobility	cessible, however reque	ests for raised toilet bowls for oted and the width of cubicles d.					

# **Transportation**

**Quote:** It is lovely going for walks along the bush track, but getting into town for shopping etc is difficult as I don't drive and there is no bus or other public transport to town. I see my family when they visit but find it hard going to their home near William Bay because there's no transport. (Denmark AFC Survey respondent)

**Quote:** I don t participate in any activities. TAFE is 6 km round trip walking from where I live, impossible for me; too far to walk to Recreation Centre or church, I pray at home, God help me. (Denmark AFC Survey respondent)

**Quote:** There is no bus system to Albany and if you have to go there for medical or other reasons which are not life threatening then one is dependent on the goodwill of others. (Denmark AFC Survey respondent)

Denmark - 55 -74 years	Denmark 75 + years
Many still independent with own transport.	Loss of license means loss of independence.
Find driving in Denmark a pleasure the except	Useful public transport non-existent and deepens
South Coast highway intersections at Strickland	the fear and reality of reduced independence.
Street and Hollings Road.	Access to vital services and specialists is
A committed group, the Denmark Climate Action	compromised. Simple trips become complex
Group has already developed initiatives around	occasions.
possible sustainable transport options.	

#### Carers

No public transportation available in Denmark or to Albany for anyone let alone carers with their charges

Can use HACC bus, but times available don t always suit.

Taxi doesn t cater for needs of some frail/disabled people and it s expensive to hire.

If HACC or Community buses could share regular runs to Albany for appointments and hydrotherapy it would make things better.



Coralie and Monty Wiltshire gopher it!

# Service providers

Service providers generally recognise the connection between transport access and proximity to services and physical, mental and emotional well being and social and civic participation.

Transp	ortation	55-74	75+	Carers	Service Providers			
	Affordable,	US	US	US	US			
	reliable, frequent, routes	There is no regular public transport within the Shire of Denmark that						
What s your experience using public transport?		use especially and Albany.  There are two classical transport Albany-Denma	for long distance for long dis	rips to and from tow er the heading of tra	n and between Denmark nsport:			
ing pub		related to the S	seniors community	but one that impacts	an issue that is not only a across age groups.			
erience us		There is also acknowledgement that a service provision could between winter and summer months. And that a local service may useful to tourists in the popular warmer months reducing traffic e between Ocean Beach and the CBD.						
your exp		It has been suggested that an effort to liaise with the Health Service condevelop opportunities for more specialists to visit the Denmark communication of the need for trips to Albany.  While many realise that efforts have been made in the past to address there is a general attitude that it may be timely to look at options again in lift of Denmark's changing demographic profile and growing tourist popularity.  Denmark Climate Action Group has begun to formulate ideas and option of the topic of transport options for the Denmark Community as whole. (see Transportation section: Recommendations)						
What s								
	Specialised	NA	NA NA	NA	NA NA			
	services	The Health and local service but	-	e (HACC) bus provi	des a much appreciated			

There is a lack of knowledge on what services are available: who can use or access what? The possibility of using school buses has been raised several times. Apparently this has been discussed in previous years and raises issues. There is a Taxi voucher system. PATS (Patient Assisted Travel Scheme) very difficult process for older people. Concerns have been raised previously with Shire on lack of PATS services to regional service in Albany. PATS will only give you some costs to Perth TransWA service is not a suitable or convenient timetable for travel between Denmark and Albany. There are no other specialised services although the Seniors are trying to develop a volunteer driver program to assist people in accessing services locally and further afield in Albany. This latter program is in its early stages and will take some time and resources to develop. Many Seniors do not like to ask for assistance. This may inhibit them contacting different drivers and therefore the potential development of this service. Another approach could be appointing a coordinator who receives requests and sources a driver. The driver then contacts the individual requiring a lift. Transport NA NA NA NA stops: TransWA good location conveniently Otherwise not applicable to the Denmark experience located Taxis: HS HS HS HS availability There are two taxis that run in Denmark. The participants find the taxi service & costs highly satisfactory. The drivers are understanding and supportive. However the taxi is expensive (approximately \$80 one way; \$160 return) especially for long trips to and from Albany.

Transportation		55-74	75+	Carers	Service Providers		
	Roads; well	S	S	S	S		
it like to drive	⊇	is positive and the		ng and appreciation	edback about roads on that the Shire does aled and unsealed).		
<del> </del>	3 Traffic	US	US	US	US		
S	signals &	There are no traffi	c lights which are ap	preciated by the c	ohort.		
What	intersections						

		intersections need to be managed to reduce the traffic and pedestrian hazard.					
D	river	NA	NA	NA	NA		
ed	ducation	There was no m	ention of driver educ	ation or refresher	courses in the focus		
	nd	groups or survey	data.				
re	efreshers.	The approaching	reality of loosing of	nes license due t	to diminished driving		
Lo	oss of	ability related to a	ge is of great concer	n in the Seniors co	mmunity.		
Li	icence	ability related to age is of great concern in the Seniors community.  Individuals that have experienced this loss have a reduced sense of independence and report less ability to interact with the community in social and civic capacity. Their ability to attend specialist appointments within Denmark or Albany is diminished.  Others who have yet to experience this aspect of Ageing are compassionate about the situation and clearly state that given the current absence of local transport options this is one of their bigger fears about ageing in the Denmark community.  In much of the discussion in focus groups and survey responses transport and mobility is directly related to social, physical, mental and emotional well-being.  It appears to be one of the most sensitive areas of discussion. The discussion and responses relate deeply to an individual s sense of independence and ability to contribute to community life and to take care of one s self for as long					
   P:	arking	as possible.	US	US	US		
	arking				03		
		Parking is limited and difficult to locate.  Deep angle parking is difficult as when reversing out it is difficult to twist body around and can t see oncoming traffic (especially if parked next to big 4WD).  Reversing out from parking opposite IGA is difficult and dangerous especially at certain times of the day.  Disabled Parking is limited and not monitored. This is worse in tourist season. There is additional difficulty parking during busy peak tourist seasons.					
D	rop off	NA	NA NA	NA	NA		
st	oots		•		North Road. This is ar opportunities in the		

## Housing

**Quote:** Not great, we need more improved retirement homes of reasonable prices, with amenities such as heated pool for exercising. It needs especially to be on flat ground plus having on-call emergency personnel 24 hours per day. (Denmark AFC Survey Respondent)

**Quote:** I haven't seriously looked for retirement housing, but it I am thinking of downsizing in the next four or so years. Hence I am interested in something ground floor with a small garden, energy efficient and would like to have a rainwater tank, probably between town and Ocean Beach. I don't want to have to worry about bushfire. (Denmark AFC Survey Respondent)

**Quote:** Seniors homes not retirement village rules No Thanks! (AFC Seniors Forum participant response)

# Denmark - 55 -74 years

HACC services are much appreciated.

Would like to see development for seniors homes not with retirement village rules.

Encourage young people to build granny flats. Older couples become separated due to illness and health needs consider a facility that has 3 stages so they can remain close.

Start to consider the next step 1.Amaroo, 2.Lions 3.Health facility within the village with nurse on property, dining room, meals and social centre. Keen for discussion and planning to start: Public forum re aged planning.

Increased home support so people can stay at home gardening, gutters restricted because of insurance.

Ageing in Place older homes need extra maintenance. More information on HACC services available and how to access, what included garden and maintenance services.

Neighbourhood streets look at assistance/social, use existing resources.

# Denmark 75 + years

HACC services very appreciated. Over 75 s
HACC come in once a year to explain services
New houses have to be thermally efficient. We
need to add to that to make them age friendly ( no
steps, main bedroom on ground floor)
Availability of small building lots in village style
for example Kemsley estate.

Need something between independent living and nursing home. HACC services deal with this problem but purpose built small houses would be good.

Greater contact with builders/house designers might come up with good proposals.

There appears to be a distinct and large gap between retirement village and full care at the RFC.

#### Carers

Still battling on in own home, but will need 24 hrs care in the near future and probably will have to go to Albany due to shortage of beds at hospital.

Caring for an aged person in an old home not designed for home care is challenging. Help from HACC and good occupational therapy services from local health service are essential, but bathing is an issue. Need for higher level care and only option to leave old family home is causing concern which leads to further health problems.

## Service providers

Many different types of houses; huge variety. Purpose built to very basic and still chopping wood for water. Most of them want to stay. More support at home required.

Changes in health and income impact on housing. Changes in income with no history of ownership they would go to Department of Housing (DoH). Most Department of Health work is demand driven. If there is land and demand we would work. Currently in Denmark 20 on the list and one priority. Quite high for a small town.

Need to move some universal structure designs that suit a range of clients. Generally DoH makes houses that can be changed to suit.

Consider a development bonus for seniors and singles.

Also developers and investors s/be encouraged to consider this may not just be a family home but may have other uses (e.g. age friendly).

A modern phenomenon of single women over 50. Houses that are being built in Sweden which are changeable from single to share dwelling. Shared houses. Solar passive designs.

Housing		55-74	75+	Carers	Service providers	
	Affordability	S/US	S/US	S/US	S/US	
<i>~</i> .	&	Many of the partic	cipants in the coh	ort are home owr	ners.	
ge	construction	•			lation in Denmark.	
<u>a</u>					ontemporary, modern	
<del>`</del>		and well fitted th	rough to corruga	ted iron cottages	with wood-chip hot	
- Jue		water systems.	_			
ΙĔ			-		n afford to purchase.	
<u>e</u>	Home &	HS/S	HS/S	HS/S	HS/S	
ret	support		• •	ated. Cleaning an	d garden maintenance	
,	Services	services are made	•			
<u>                                   </u>		1 -	•		services but they also	
, je		events etc.	contacts and pro	vided information	about community	
Where do you live: house, villa, retirement village?		There is some co and the continuat		~	required of HACC staff	
ω 		There was also a	•			
<u>:≧</u>				•	ervices in different style	
		ageing housing o	•	_		
<u>&gt;</u>					a desire to stay at	
) မှ		home and independent for as long as possible. With the onset of frailty and				
<u>a</u>		other diseases related to ageing there is still a hope that one can age in				
he		place with adequate support services.				
>	Modifying	NA	NA	NA	NA	
	your home	There was genera	al discussion arou	ind this.		

	In general it feels	In general it feels like a new idea that has yet to be unpacked in terms of				
	engineering requi	engineering requirements, permission, costs and modification options.				
	It was noted that	there are some E	European models	that are building homes		
	that can later be	modified to suit di	ifferent needs or a	accommodate different		
	numbers of peop	le.				
	Within this discus	ssion was referen	ce to European a	pproaches to new		
	buildings that car	n be modified.	·	•		
Close to	S/US	S/US	S/US	S/US		
services and	Home owners wh	no live a distance	from the CBD ob	viously do not feel		
feeling safe	close to services.	. Some discussion	n around this que	stion related directly to		
	the topic of comn	nunity transport ar	nd the delivery ar	nd type of services that		
	could out reach. Clearly associating housing and proximity to service to					
	issues related to mobility, independence and public transport.					
			•	•		
	community.	·	3	,		
	services and	engineering requ It was noted that that can later be numbers of peop Within this discus buildings that car  Close to services and feeling safe  Home owners wh close to services the topic of comm could out reach. issues related to In terms of feeling	engineering requirements, permiss It was noted that there are some E that can later be modified to suit di numbers of people. Within this discussion was reference buildings that can be modified.  Close to S/US S/US Home owners who live a distance close to services. Some discussion the topic of community transport are could out reach. Clearly associatin issues related to mobility, independent	engineering requirements, permission, costs and me It was noted that there are some European models that can later be modified to suit different needs or a numbers of people.  Within this discussion was reference to European a buildings that can be modified.  Close to S/US S/US  S/US S/US  Home owners who live a distance from the CBD obtained the topic of community transport and the delivery are could out reach. Clearly associating housing and presisues related to mobility, independence and public In terms of feeling safe there is a general feeling of		

Housing		55-74	75+	Carers	Service providers			
	Housing	S/US/NA	S/US/NA	S/US/NA	S/US/NA			
C.	Options	Homeswest ho	using is much ap	preciated.				
ng		Due to the age	and ability range	e of the cohort the	re were diverse			
isi				this highlighted is				
ا اور				nat seniors may ex	xperience between the			
e e		ages of 55 and						
ld <sub>E</sub>			_	•	could not see leaving			
≝					ral setting realized they			
้อ		1			rentually into a village or			
Įo į			quired less main		moville and Ameres			
es			•	dependent older p	onsville and Amaroo,			
ļ.				•	ould help it was quickly			
ا <del>ب</del>			-		educed to one bedroom			
Ď				•	th partner requires their			
)   0			•	•	have people come and			
<u>e</u>			•	mily and friend vis				
= a		There appears	to be a distinct a	and large gap betv	veen retirement village			
Ъа		and full care at	the RCF (Reside	ential Care Facility	y at Denmark Hospital).			
>					ad cooking facilities and			
lge					they have to share a			
lar			· ·	endence being fui	rther reduced and			
ㅎ		sense of privacy lost.						
gs		We don t have single bed units or hostel environments. Hollywood and						
If things change what are you choices for suitable housing?		Swan Home and Care are good models.						
If t			,	there was some d in other parts of A	iscussion around Australia. For example			

people in the community opening homes and having people living with them rent-free and assist with some household upkeep. Some older people living in big homes already may also be able to share. Apparently this is quite an active movement in Victoria and starting to occur in Perth.

Wesley Homeshare a Victorian model to refer to.

There is a general sentiment that it is time to start sharing this information and having these discussions.

This area was discussed with considerable intensity across the sample group.

The general feeling is that it is timely to start to consider innovative and progressive strategies to manage this aspect of ageing in the community.

This would require research into other models suggested by participants and the progress being made in other towns or interstate.

Discussion would/could involve leading researchers in this area, architects/ urban planners/ health services/ and seniors association.

Recommendations for future developments and constructions include:

Proximity to services with walk trails.

Energy efficient construction

Seniors homes not retirement village rules No Thanks!

Private/privacy

Accommodation for visitors (2 bedroom and/or design to change)

Small garden easy to maintain

Courtyard Homes (South Australian model)

Pet friendly

Flat land

Easy access to town

Generally seeking an alternative to retirement villages. A private cluster of small semidetached units close to town that are energy efficient. It was agreed that although seniors required some peace and quiet it was important not to create aged enclaves.

## **Respect and Social Inclusion**

**Quote:** I do not think this is a problem for us. However the word "respect" can have a variety of meanings. It is something that one has to earn and not demand and as such I would prefer to use the word "consideration". As far as consideration is concerned I think there is plenty of it in Denmark (Denmark AFC Survey respondent)

**Quote:** The shire is supportive of the aged community. They have adopted a Seniors Policy which is quite broad ranging and they have also involved several seniors in shire advisory committees. The Shire make an annual contribution to the Denmark Over 50's Association. (Denmark AFC Survey respondent)

**Quote:** I think that the people show great respect and tolerance but it is the little things that let the community and Shire down - such as not enough seating, no chairs in shops, inadequate signage on ACROD bays, uneven footpaths etc. (Denmark AFC Survey respondent)

**Quote:** The only gripe I can say I have about behaviour that perhaps is age specific is the kids who tend to race along footpaths in Strickland St on skate boards, bikes, scooters etc. I love to see kids having fun, but as you get older your bones and skin get more brittle and should a kid misjudge and crash into an oldie --- I think the oldie would probably come out the worse off. (Denmark AFC Survey respondent)



Let s talk! Young skateboarder with senior residents at an afternoon tea 2006

Denmark - 55 -74 years	Denmark 75 + years		
Mostly feel respected and included in Denmark	Activities are there if you want them		
community and very lucky.	Youngsters friendly and helpful community very		
Businesses Very supportive discounts etc	supportive		
Responsibility of elders too!	Community centre to include everybody to		
Skateboards respect?	encourage across perceived divisions.		
More respect taught in schools: cultivate	Some opportunities are there for positive		
eldership not despising elderly.	interaction between seniors and the children of		
	neighbours.		
	Children skateboarding along footpaths and racing		
	around create dangerous situations.		
	Aged and disabled access needs to be improved, especially beaches		
	Parking in Strickland St. Aged and disabled		
	access needs to be improved.		
	·		

#### Carers

Most people show respect for elderly however people who park in ACROD parking bays that are obviously not ACROD registered (particularly some young drivers) don't show respect. Inadequate facilities for elderly and disabled, under staffing and lack of resources for carers, don't show respect or assist inclusion for either carer or the person being cared for.

Not great most people look through/passed old/disabled and carers don t rate a mention! Carers are not given much consideration by local community. Hard getting help for simple things like gardening or gutters; neighbours and some family members too busy with own lives to even visit sometimes.

# Service providers

Generally agree that services are respectful.

Arts community very inclusive to seniors and the local TAFE encourages older people to take part.

Plenty of opportunity to participate in voluntary and social groups: if they have the will.

Some difficulty in how to identify who is isolated. Doctors are often the key gate-keeper.

Often difficult for older people to seek engagement if they have few friends, no transport and a cultural preference to be invited rather than just show up.

Difficulties in how to engage carers and supporters. These people often don't see their role as anything beyond looking after family.

Older people like/enjoy the intergenerational opportunities (TAFE classes).

Respect and Social		55-74	75+	Carers	Service Providers
Inclusi					
In what ways does your community show respect for you?	Products & Services and Service staff	not consulted oth to have a say. However it was n of having been compreciation of the same	sensus is that there in ark. There are some in certain items. The and health care se	Seniors Forum many Group and wished a good range of the shop owners that there is a distinction prices. Although building some respondent with some disabilities.	enty of opportunity  any were not aware d to express their  S products and arrange for a between local oth are appreciated. ents believe that not es that afflict the

Visible in the	regard to hearing impairs hearing what is being specific Centre. Improved audio and/or a overcome this issue. Generally speaking the correspect but it is the little shops, inadequate signathat quietly and respectful	Improved audio and/or audio equipment in key civic spaces would overcome this issue.  Generally speaking the cohort feel that they are shown and feel great respect but it is the little things such as not enough seating, no chairs in shops, inadequate signage on ACROD bays, inadequate parking and items that quietly and respectfully acknowledge the changing needs as we age.					
media	Seniors generally feel se is a regular column provi and other achievements the Bulletin staff.	ded by the Seniors	Association in	the newspaper			
Recognised	S	S S		S			
for	Many of the Senior popu	lation are involved in	n volunteering	activity in the			
contribution	once a year in a Volunte	town. Appreciation is shown by respective organisations and by the Shire once a year in a Volunteers Afternoon tea.					
Respected	by S/US S/US	S/US	3	S/US			
Opportunitie	very thoughtful, respectful mention of the skateboar This is especially in the Composition of the survey responsions addressed. While street that an intergeneration some face to face discussions.	While some respondents have noted they find the young people of Denma very thoughtful, respectful and community minded there is repeated mention of the skateboaders who frighten aged people using footpaths. This is especially in the CBD area of the town.  Both the survey responses and the forum participants would like to see this issue addressed. While some have suggested more enforcement others feel that an intergenerational approach may be more effective. Allowing some face to face discussion and improved understanding.					
'''	<del></del>	N/A	o consultation	N/A			
to learn abo	This area of inquiry was not considered in the consultation.  However there has been mention of seniors working as mentors in the local high school. And during the focus groups there was discussion about the possible development of a University of the 3 <sup>rd</sup> age chapter being developed in Denmark.  There was also some discussion about the possibility of sharing more with the community once the Seniors had established themselves in their new space at the old hospital building.						
Good acces		S		S			
for financial	y There is generally a lot of	There is generally a lot of volunteering opportunities and cultural activity in					
	disadvantaged the Denmark community.  The arts community is vibrant and hosts a range of events across the year that are age-open and accessible for the financially disadvantaged.  The Community Collective collects and boxes up food parcels for needy families with food donated in the Healthy Community produced donation						

cage at IGA and from other local businesses.

Health and Community services are accessible. There is a range of exercise opportunities available ranging from Living Longer Living Stronger programs to Tai Chi, Walking groups.



Holly Ferrara accepts her 2011 Citizen of the Year Award from Eileen Lunan (Freeman) at the Australia Day Breakfast in Berridge Park

## **Social Participation**

**Quote**: I do find socialising a bit of a challenge sometimes, but then I think that is normal. I live on my own, but I do have friendly neighbours, and I do have friends. Also I belong to a few different groups, so I am not really lonely, but I know it is something that I worry about a bit as I get older. You tend to form friends by going through challenges and adventures together. When you are retired you don't have as many challenges and adventures of the sort that forge friendships, so making new friends tends to be more difficult. You tend to make new acquaintances which isn't the same thing. And your lifelong friends and family start dying on you - it's a bummer. I think the trick is to enjoy the more simple interactions you used to take for granted. (Denmark AFC Survey respondent)



Denmark Embroiderers members help Betty Mumford celebrate her 90<sup>th</sup> birthday - 7 June 2011

Denmark - 55 -74 years	Denmark 75 + years
There is plenty of opportunity for social	There is plenty of opportunity to participate however
participation.	increasingly limited by lack of transport and
Denmark Seniors Association arranges some	diminishing hearing and sight.
suitable activities.	Some other illnesses associated with ageing can be
Keen interest in this age group for University	embarrassing in a social situation and therefore
of the 3 <sup>rd</sup> Age.	create a reluctance to go out.
Denmark Bulletin is very useful for finding out	Decreasing independence also impacts on social
about events.	confidence.
	Friends passing away reduces social circle and
	increase difficulty to make new acquaintances.
	Prefer to be invited.
	The Day Centre is appreciated.
	A pool would assist health and social interaction.

#### Carers

Mother (93yrs) won t socialise though options have been given; feels it is too demanding and totally dependent on her daughter, who finds it difficult getting respite care as they live on a farm out of town. This in turn impacts on the carer s life and ability to socialise.

Difficult for older deaf person to actively participate after lifetime of hearing impairment and living on a rural property.

Market days are impossible to get elderly or disabled around stalls etc. Christmas Street Pageant is not old people friendly as there are no seats and parking is only available too far away. Carers have to work hard to make most outdoor events with clients in wheelchairs.

# Service providers

Paid professional activities coordinator to be employed to develop appropriate activities program in the RCF at DHA. Do not feel voluntary input or care staff should be doing this to ensure ongoing, consistent therapeutic approach. Could be supervised by current therapy staff (OT & PT). It is necessary to invite aged people. They like to be invited. They like face to face interaction Look at Age friendliness in clubs in the area.

Maximise potential for social activity and exchange with other service providers in town: grocery delivery, hairdresser and trades people.

Possibility of a phone buddy system to reduce potential social isolation for individuals less able or inclined to participate physically.

Social Participation		55-74	75+	Carers	Service Providers	
Affordable		S/US	S/US	S/US	S/US	
y can older people participate in the community?	& varied and Convenient locations & times.  Some agree that there is plenty of opportunity to participate that is affor Most of the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participation: convenient locations & times.  For some ageing people social events and interaction can be very chall due to illnesses. In addition to visual and hearing impairment or difficulty are other illnesses such as Parkinson s where eating in a social situation cause spillage and embarrassment. This reduces individuals inclination participate in social events. Varying events to suit these sensitivities contains the suit of the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participation: contains the suit of the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participation: contains the suit of the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participation: contains the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participation: contains the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participate in contains the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participate in contains the locations are conveniently located although there is comme about the audio clarity of some key building that hinders participate in contains the location are conveniently located although there is comme about the audio clarity of some key building that hinders participate in contains the location are contains the location are conveniently located although the location are conveniently located although the location are conveniently located although the location					
How easily can old	Well publicized	option.  In the ageing com the ABC radio as a early and repeated Invite x 3 times (so sees).  When people age doing new things and They like to be invited to be invited by the relatively closes.	their main sources of dly to ensure the info p everybody knows).  their confidence and may become difficult rited. They like face to the social people who move e social atmosphere	n the fortnightly Dof information it is normation has reach Promote x 3 time.  I social networks on the information is necessary to face interaction.  The information is not to be into hostels etcording in the into hostels etcording in the into hostels.	enmark Bulleting and necessary to promote ned the community. It is (so everybody) with the starting and invite aged people. It is their own things are confronted with	

Although many older Seniors use the internet this is not so useful for local events.

Some older people may not have been here for very long, they do not know many other people. Having no established identity on a new group can be very challenging.

A promotional program that encourages community members to invite people in to their homes or to social events.

A leisure buddy idea as an initiative. For example the Bowling Club tried this and ended up with 5 additional members.

Communicate with local clubs and ask Is your club age friendly? or How do you make your club age friendly?

Many older people use the telephones but as friends die there is no one to talk to. Many older people want to talk about their background and common interest (farming, weather, etc).

A social connecting project/initiative could be a Phone Buddies system. Consider the development of welcome packs for new comers (young and old). Welcome days- groups (sporting, cultural, social) showcase whatever they do. Possibly Shire initiated.

Seniors Week this year try a Seniors forum with a bunch of relevant exhibitors e.g Tai Chi, HACC etc.

Active social engagement is stimulating psychologically, intellectually and emotionally. Many seniors interact with hairdressers, gardeners, electricians and so on. Sometimes this is the only person they speak for days. This is a possible resource for the community to mobilise. Offer free training.

Social participation & Community Support Health Services: Paid professional activities coordinator to be employed to develop appropriate activities program in the RCF at DHA. Do not feel voluntary input or care staff should be doing this to ensure ongoing, consistent therapeutic approach. Could be supervised by current therapy staff (OT & PT). This would enable residents to feel they are in a home rather than a hospital.



Peter and June Prescott at the Denmark Seniors luncheon 2010

#### Communication and Information

Denmark - 55 -74 years	Denmark 75 + years
Denmark Bulletin, ABC regional radio and internet	Denmark Bulletin, Word of mouth and Over 50s
are main sources of information.	Association are the key information providers.
Also notice board: library and supermarket.	Some concerns about current information and
Note the benefits of a local radio station or	emergency information.
website.	

#### Carers

TV news and some programs assist information and keeping in touch.

Only from what people pass on or is in the Bulletin as there s no other way of getting information if you don t use the computer.

Poor! We could do with updated lists of service providers and other assistance sources for seniors and carers. This could be put in the Bulletin as a flyer once every quarter and carers would have accurate emergency and other information to rely on.

## Service providers

Seniors love the Denmark Bulletin. However free mail box delivery has ceased. Can pay for service. May impact on seniors.

Community notice board local businesses and key places are all well used by seniors. There is not a decent central notice board near library/chemist.

Community forums often only get same group of people. Could see that information reaches non-attendees through other means.

The SES and Shire have trialed emergency procedure in Denmark. Red bag/Green Bag system. Seemed to work well for most. SES offer vulnerable person sign up, in case of emergency. Many seniors listen to the radio. A local radio would assist the provision of information to the community daily.

A Seniors booklet possibly 6 monthly with large print and clear information.

Communication and Information		55-74	75+	Carers	Service Providers	
Do you get the information you need about services and events?		The Denmark Bu Notice boards at ABC Regional ra Over 50 s meetin Drs tell you medi Seniors statewide	ng findings get anno cal things e are sent a booklet	urce ermarket. unced in Bulletin once per year	S	
Do you		Local visitors centre have lots for locals (pamphlets etc).  Internet is used across the age group—although it is not considered the key communication tool for local events and information. There is interest.				

in developing this tool and a central communication/information hub. Even residents who do not use the internet will benefit from those who do in terms of getting access to the information. (Possible collaborative project Community Resource Centre and Senior Assoc.) Local business/telephone directory has lots of information but very little print. Could negotiate with Chamber of Commerce to insert some Age Friendly pages (text, font and content). Denmark Bulletin no longer has free mail delivery. Some people have to travel to town to collect it. Information could be dated, expired or completely missed. Considering the Denmark Bulletin is the key communication tool for seniors we could investigate the possibility of seeking funding to enable the Bulletin is mailed to residents after a certain age (for example 70 years plus). Friendly project.) Other suggestions include: Continuing the development of a local senior s book with large print and free delivery. This would list relevant services (state and local). Services could also include specials and opportunities from the local CBD. Phone buddy system. Computers HS HS HS HS Computers and the internet are accessible. and internet Many have access in their own home. accessible The Over 50s Association volunteers time and training at their club rooms in the old hospital building, for any seniors wanting computer tuition. Other options are available at the Community Resource Centre (CRC) Monday to Friday. There have been First Click courses. This will be investigated again in the future when the Seniors Association moves into new premises which will be close to the CRC facilities. Centralised The main reference point appears to be the Denmark Bulletin. information Denmark is a very active community; there are often a lot of cultural, sporting and volunteering events and opportunities occurring. The promotion of these events is through email networks and newsletters, newspaper notice and advertisements and notice bards. A centralised information resource or reference point has been identified by respondents and participants. This would be of benefit the whole community. This would require a coordinator and a variety of mediums. (Website, database, noticeboard, newsletter etc.) Person to person and Word of mouth and person to person communication is highly valued and for many a key source of information. verbal Several suggestion have been made including: communicatio Phone buddy system for social interaction and emergency situations

n	Acknowledging the role of tradespersons and others in the community who interact with our ageing residents and offering training so they can understand and use their important community role in the broader information sharing context.				
Risk of social	H	Н	H	H	
isolation	receiving HACC service. There is not a recognise. The risk of isolation is	For Seniors that no longer get the local paper delivered and are not receiving HACC services there is a great risk of social isolation.  There is not a recognised central information point.  The risk of isolation is compounded with lack of public transport and a cultural set of behaviours that a) prefer to be invited to events and b) do not			





Denmark elder, Ian Conochie at the soapbox at Speaker's Corner (Fig Tree Plaza) 2007

# **Civic Participation and Employment**

**Quote:** I hope that in the near future when I start to wear a hearing aid, there will be audio induction loop facilities in all public buildings in the town. (Denmark AFC Survey respondent)

Denmark - 55 -74 years	Denmark 75 + years
Keen volunteers.	Still some active volunteers but starting to
Lots of choice some ongoing and some short	become less involved although still feel welcome.
term opportunities.	
A great way to hear about what else is happening	
in town.	

## Carers

Zero responses to this question from carers.

# Service providers

Acknowledge that voluntary activity certainly encourage Seniors to participate locally. Seniors are known to be a good source of knowledge and historical information.

Tony seeks the knowledge face to face phone especially info that can t be traced back in writing.

All agencies as they deliver their services in the homes encourage all the service providers to include this information.

Sharing their stories as a voluntary contribution recording these for the rest of the community in book or tape. Suggest inviting and involving key organisations to talk about this: Denmark Arts & Denmark Historical Society.

Civic P	articipation	55-74	75+	Carers	Service Providers
and Em	ployment				
ary work.	Information, training and guidance	Community. Often to the role of the v Lots of opportuniti activities in the Sh	this leads to specification of the second columns of the second co	ic skills training an	
Participation in voluntary work.	contributions recognised and compensation	ontributions cognised and  S S S S S S The experience of people who do volunteer is that they are treated with respect and often acknowledged for their role within the respective			

say no.
It is a locally known fact that there are many (perhaps too many)
volunteering opportunities in Denmark.
There is some concern that the spirit of volunteerism may be reducing in
younger age cohorts. At the same time a realization that the seniors have
more time available than the middle-aged groups juggling domestic and
work responsibilities.

Civic P	articipation	55-74	75+	Carers	Service Providers	
and Em	ployment					
Participation in paid work.	Flexible and paid opportunities	Most of the respondents are not seeking paid work. Many have retired; either early retirement or normal retirement age. Some members suggested returning to paid work now felt a bit scary. There is however limited opportunities for paid work in the Denmark community. Part-time and short project based employment opportunities are available to some of the cohort. Post retirement may continue in paid work for example in family businesses, also may have continued in their career part time or remote. Or people have moved into the craft industry.				
Щ			ported issues of exp		_	
	Qualities	NA	NA	NA	NA	
	promoted, any discrimination,	The section for all the sections of the section of				
	Self	NA	NA	NA	NA	
	employment & training opportunities	There was not a lot of discussion about self employment. There is however limited employment opportunities in Denmark.  There are limited training opportunities mainly through the Denmark Campus for the Great Southern Institute of Technology. Further training is available at the regional centre of Albany.				



Denmark Probus Club Committee - 2011

# **Community Support and Health Services**

Quote: NO PUBLIC TRANSPORT AND NO POOL. (Denmark AFC Survey respondent)

**Quote:** The HACC girls are great but you can see they haven t enough people to go round so goodness knows what happens in the future if there aren t enough carers and housing is a concern always. (Denmark AFC Survey respondent)

**Quote:** I have been admitted to the new hospital and I was much impressed by the standard of care that I received and also by the standard of food. I found the staff very friendly, very caring and very skilled. (Denmark AFC Survey respondent)

Denmark - 55 -74 years	Denmark 75 + years
Some have experience with the HAC service. It has been called wonderful and much better here as it is not available in Perth.	HAC services and meals on wheel are very appreciated. A pool and/or hydrotherapy pool would be of great assistance to Seniors for general health and recovery.

#### Carers

Palliative care with nursing support in the home is excellent.

Don t like to ask for support.

HACC and other medical staff are very sympathetic.

Lions help with garden waste bags.

If families don t help to pay bills caring can be stressful and if people aren t on a pension and get means tested management of finances can get tricky.

I wish we could get Silver Chain services in our community or the equivalent and I wish there was more help for carers and elderly.

## Service providers

4 areas of MPS focus: acute care, community care, residential and accreditation.

Discussions on impact and support for older generation, will have impact on younger generations (eg sandwich generation).

Podiatrist home visits available for palliative care.

Aged care underpaid and difficult to get staff.

Access for out of town services may be limited. HACC should be covering whole region, as covered by Shire boundary however there are shared boundaries issues and some confusion (e.g. Walpole, Youngs).

HACC/DVA services may need to be improved on in community.

Planning for health service workers/staff as recruitment is issue—shortage of hp workers/GP s. Lack of incentives (housing, travel, relocation). Lack of rental accommodation—short term or medium term. Expectations have shifted in past 10 years to paid services and expectations from families may be unrealistic. Need for education of carers and family, need to plan in advance.

5 Steps to Residential Care book difficult to use. Health professionals have difficulty reading. It is the responsibility of family to read. Some support may be provided by ACAT. There are gaps in palliative care. (Care in own home?)

Staffing challenges (lack of skills and skill levels). In up-skilling some health professional staff there is a loss of some positions (cleaners, transport). Pay rates are very low.

Residential Aged Care Facility need for activities coordinator. Under-staffed, and sometime taken up by volunteers. Need for paid, professional person.

Global move towards keeping people in own home, caring in own home. Denmark HS provides in home service to 141 seniors.

What services in Perth/Albany which could complement what being provided/available in Denmark. Model of support/collaboration.

May need to shift responsibility, due to loss of professionals in changing demographic. More community service focus.

Need for briefing/information to health professionals working within hospital and clinical settings to change focus to ageing at home .

Commu	Community 55-74 75+ Carers Service Provide				
Support and Health					
Service	s				
Health and Community support services available.	Homecare services: range, respectful staff, well coordinated	possible/ available service they would settle for what the HACC services he and big workloads. General response support possible. Ambulance service There are lots of New hospital loand staffing issue. However there are provide more sensent to Albany. Thospital.	d like to receive that bey think they can have ey think they can have sighly regarded across of HACC staff.  The is that the services is offered.  The is very good.  The is very good.  The is very good.  The is very good the is very good treated the services oks good, good treated the now and future.  The many comments the service that the services is very good.	g the capacity to as will meet their need e.  Is the community. Hare provided respendent of the care at suggest that the othe public as at the will meet the control of the public as at the will meet the control of the public as at the will meet the control of the public as at the will meet the control of the public as at the will meet the control of the public as at the will meet their need to as at the will meet their need to as at the will meet the will m	sk/demand/state what ds rather than just dowever see the strain ctfully and the best e, limited equipment are is a need to the moment many are

	Stronger sessions		r some pensione	Living Longer, Living rs. Could a subsidy ated?	
Range,	S/US	S/US	S/US	S/US	
affordable, well located and accessible	There are many services accessible and affordable.  Key points in reference to this question relate to the absence of regular public transport and the impact this has on meetings, appointments in Denmark and further afield in Albany.  Expectations have shifted in past 10 years to paid services and expectations from families may be unrealistic. Need for education of carers and family need to plan in advance.  May need to shift back to more community and volunteer support.  There is also a strong request/voice for a pool and /or a hydrotherapy pool to assist recovery, fitness, and general senior health.  The pool has also been mentioned in the context of respect and inclusion and social participation.				
Are	occiai participation				
retirement villages and aged care near services	Yes.  The future planning for such accommodation styles should take into proximity to services: business and health design and location to be safety conscious.				
Emergency	support. It did how	discussed by respor vever surface in discustommunication and ir	ussions and respor	community health and nses about social	

#### **General Additional Information and Observations**

# Denmark - 55 -74 years and 75+ years

An additional area of interest that seems to be absent from the WHO framework and subsequently the prescribed question structure is the culture and discussion around death and dying. While palliative care is lightly referred to in the responses it is usually associated with service delivery and/ or the type of housing or accommodation available.

Several survey respondents responded to the where to next..? housing question with simple answers like the undertaker, a coffin or a long yellow box. While this reference may have been tongue in cheek it does a raise the subject of end of life care preferences, options and memorial, plague and /or burial sites.

There has been discussion among some seniors about this issue and a growing interest in the possibility of natural burials.

#### Carers

Support workers or paid carers need to be valued more, given more opportunities for regular, free training in care giving and aged care and supported with a greater range of resources (e.g. free respite, assistance with domestic duties and transportation) in doing this challenging work.

One support worker interviewed reported having to assist financially clients at times as the system did not always cater for proper or timely payments ad the amount of correspondence required to ensure all the boxes were ticked was arduous and not really the job of a carer.

# Service providers

No additional information provided.

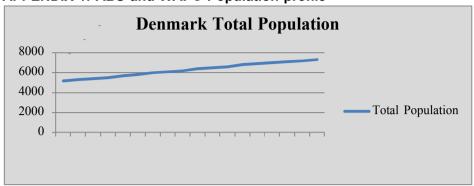
# 11. Summary

The three main issues of concern for Denmark's seniors are **Housing, Health and Transportation**. The evidence collected in this study and the robust community consultation process are solid proof for a case to progress the resulting recommendations. These are aimed, not only at the local government authority, but other government service providers, non government and not for profit agencies, who have an opportunity to work together collaboratively with each other and in partnership with the Denmark community.

In addition to strengthening the process, the Forums and meetings with seniors groups in the community contributed immeasurably to the discussion, sense of ownership, participation and responsibility of the cohort for the further dissemination, implementation and celebration of the Age Friendly Community project

# 12. APPENDICES

**APPENDIX 1: ABS and WAPC Population profile** 

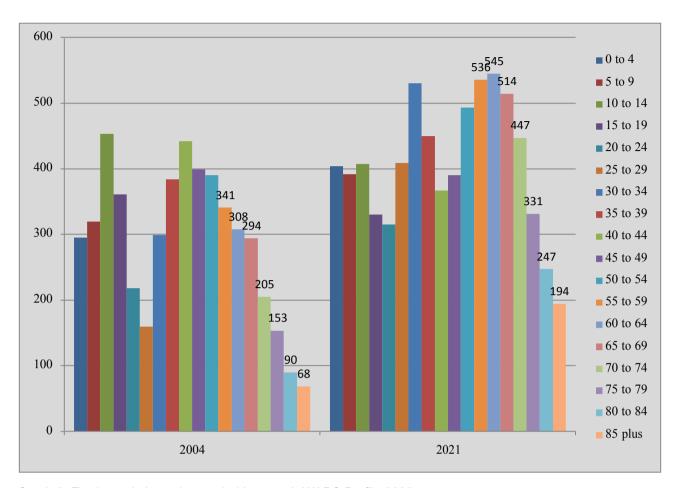


Graph 2: Denmark Total Population ABS and WAPC Profiles

Persons	2004	2006	2011	2016	2021
0 to 4	295	291	316	372	404
5 to 9	320	318	323	346	392
10 to 14	453	413	385	387	407
15 to 19	361	407	381	343	330
20 to 24	218	265	396	363	315
25 to 29	160	177	305	443	409
30 to 34	299	261	255	392	530
35 to 39	384	380	326	319	450
40 to 44	442	442	434	378	367
45 to 49	399	427	470	453	390
50 to 54	390	408	480	516	493
55 to 59	341	383	445	508	536
60 to 64	308	326	430	486	545
65 to 69	294	317	365	465	514
70 to 74	205	234	313	354	447
75 to 79	153	167	224	296	331
80 to 84	90	102	141	189	247
85 plus	68	76	107	146	194
Total	5180	5394	6096	6756	7301 <sup>24</sup>

Table 16: Denmark Total Population ABS and WAPC Profiles 2004 2021

<sup>24</sup> Source - Western Australia Tomorrow, Report No. 6, Nov 2005, Western Australian Planning Commission



Graph 3: Total population colour coded bar graph WAPC Profile 2006

# APPENDIX 2: SOCIAL MARITAL STATUS BY AGE BY SEX

	Married registered marriage	Married de facto (b) marriage	Not married	Total	Married registered marriage	Married de facto (b) marriage	Not married	Total	Married registered marriage	Married de facto (b) marriage	Not married	Total
	MALES				FEMALES				PERSONS			
55-64 years	223	26	72	321	233	24	69	326	456	50	141	647
65-74 years	152	4	37	193	112	4	66	182	264	8	103	375
75 plus	82	3	34	119	42	0	93	135	124	3	127	254
Total	457	33	143	633	387	28	228	643	844	61	371	1,276

Table 17: Social Martial Status by Age by Sex (B06)

**APPENDIX 3: Qualifications and Education** 

	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total
	Males				Femal	es			Perso	ns	,	
Year 12 or equivalent	159	93	53	305	171	77	42	290	330	170	95	595
Year 11 or equivalent	27	15	6	48	36	15	13	64	63	30	19	112
Year 10 or equivalent	111	57	16	184	120	56	31	207	231	113	47	391
Year 9 or equivalent	26	16	15	57	32	25	15	72	58	41	30	129
Year 8 or below	20	30	23	73	17	18	27	62	37	48	40	125
Did not go to school	3	0	0	3	0	3	0	3	3	3	0	6
Highest year of school not stated	28	18	24	70	15	14	39	68	43	32	63	138
Total	374	229	137	740	391	208	167	766	765	437	294	1,496

Table 18: High school qualification

	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total
	males				Femal	es		,	persor	าร		
Postgraduate Degree	16	14	4	34	6	0	0	6	22	14	4	40
Graduate Diploma and Graduate Certificate	10	4	3	17	9	3	3	15	19	7	6	32
Bachelor Degree	39	28	5	72	57	23	7	87	96	51	12	159
Advanced Diploma and Diploma	49	24	14	87	54	23	12	89	103	47	26	176
Certificate nfd	0	0	3	3	8	5	0	13	8	5	3	16
Certificate III & IV(c)	78	42	19	139	20	11	5	36	98	53	24	175
Certificate I & II(d)	0	0	0	0	9	0	0	9	9	0	0	9
Certificate Total	78	42	22	142	37	16	5	58	115	58	27	200
Level of education inadequately described	10	4	0	14	10	3	0	13	20	7	0	27
Level of education not stated	28	24	29	81	40	22	42	104	68	46	71	185
Total	230	140	77	447	213	90	69	372	443	230	146	819

Table 19: Non-School; Qualification: Level of Education (a) By Age By Sex

	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total	55- 64	65- 74	75 plus	Total
	males				Femal	es			person	S		
Natural & Physical Sciences	16	8	0	24	3	3	0	6	19	11	0	30
Information Technology	0	0	0	0	8	0	0	8	8	0	0	8
Engineering & Related Technologies	73	31	16	120	0	7	0	7	73	38	16	127
Architecture & Building	18	18	11	47	0	0	0	0	18	18	11	47
Agriculture, Environmental & Related Studies	13	11	3	27	3	3	0	6	16	14	3	33
Health	8	5	5	18	42	19	13	74	50	24	18	92
Education	18	16	3	37	50	14	6	70	68	30	9	107
Management & Commerce	21	18	5	44	31	11	7	49	52	29	12	93
Society & Culture	13	11	7	31	22	11	3	36	35	22	10	67
Creative Arts	13	0	3	16	12	3	0	15	25	3	3	31
Food, Hospitality & Personal Services	5	4	3	12	8	0	0	8	13	4	3	20
Mixed Field Programmes	0	0	0	0	0	3	0	3	0	3	0	3
Field of study inadequately described	6	0	0	6	5	3	0	8	11	3	0	14
Field of study not stated	25	18	23	66	29	15	39	83	54	33	62	149
Total	229	140	79	448	213	92	68	373	442	232	147	821

Table 20: Table 19: Non-School; Qualification: Field of Study By Age By Sex (B40)

APPENDIX 4: Income, labour force status and occupation

	55- 64	65- 74	75 plus	Total	55- 64	65-74	75 plus	Total	55- 64	65- 74	75 plus	Total
	males	;	,		Fema	les		,	perso	ns	,	
Negative/Nil income	18	5	5	28	23	3	0	26	41	8	5	54
\$1-\$149	19	9	0	28	38	13	10	61	57	22	10	89
\$150-\$249	61	66	46	173	102	89	53	244	163	155	99	417
\$250-\$399	68	62	20	150	68	45	52	165	136	107	72	315
\$400-\$599	57	27	22	106	61	27	21	109	118	54	43	215
\$600-\$799	47	18	15	80	31	10	3	44	78	28	18	124
\$800-\$999	24	10	5	39	17	3	3	23	41	13	8	62
\$1,000-\$1,299	35	6	3	44	17	3	0	20	52	9	3	64
\$1,300-\$1,599	5	6	0	11	9	0	0	9	14	6	0	20
\$1,600-\$1,999	5	3	0	8	3	3	0	6	8	6	0	14
\$2,000 or more	10	8	0	18	3	3	0	6	13	11	0	24
Individual income not stated	26	9	9	44	18	9	25	52	44	18	44	106
Total	375	229	135	510	390	208	167	765	765	437	302	1,504

Table 21: Gross Individual Income (Weekly) By Age By Sex (B16)

	55-64	65- 74	75 plu s	Total	55- 64	65- 74	75+	Total	55-64	65- 74	75 +	Total
	male				Fema	le	,		persor	ns		
Employed, worked:												
Full-time(a)	127	22	4	153	69	10	3	82	196	32	7	235
Part-time	72	30	9	111	110	15	3	128	182	45	12	239
Employed, away from work(b)	10	5	3	18	9	0	0	9	19	5	3	27
Hours worked not stated	8	0	0	8	3	3	3	9	11	3	3	17
Total	217	57	16	290	191	28	9	228	408	85	25	518
Unemployed, looking for:			Į.				J					'
Full-time work	3	0	0	3	3	0	0	3	6	0	0	6
Part-time work	8	0	0	8	5	0	0	5	13	0	0	13
Total	11	0	0	11	8	0	0	8	19	0	0	19
Total labour force	228	57	16	301	199	28	9	236	427	85	25	537
Not in the labour force	127	164	107	398	176	174	127	477	303	338	234	875
Labour force status not stated	20	8	12	40	14	9	32	55	34	17	44	95
Total	375	229	135	739	389	211	168	768	764	440	3	1,207

Table 22: Labour Force Status By Age By Sex (B41)

				Community	Clerical		Machinery		Inadequately	
			Technician	& personal	&		operators		described/	
	Manager	Professionals	& Trades	services	admin'	Sales	& drivers	Labourers	Not stated	Total
	MALES									
55- 64	82	39	29	0	4	19	8	23	11	215
65- 74	24	12	5	0	8	0	4	5	0	58
75 plus	10	5	0	0	0	0	0	3	0	18
Total	116	56	34	0	12	19	12	31	11	291
	FEMALE	S	'			'		'	•	
55- 64	48	44	6	13	37	14	4	25	0	191
65- 74	18	3	0	3	0	0	0	6	0	30
75 plus	0	0	0	0	0	0	0	0	0	0
Total	66	47	6	16	37	14	4	31	0	221
	PERSON	S								,
55- 64	130	83	35	13	41	33	12	48	11	406
65- 74	48	15	5	3	8	0	4	14	0	97
75 plus	10	5	0	0	0	0	0	3	0	18
Total	188	103	40	16	49	33	16	65	11	521

Table 23: Occupation By Age By Sex (B44)

**APPENDIX 5: Caring and Assistance requirement and activity** 

	Assista	nce										
	Need	No .	not	Total	Need	No .	not	Total	Need	No	not	Total
	for	need	stated		for	need	stated		for	need	stated	
	MALES				FEMAL	ES.			PERSO	DNS		
55-64	19	339	16	374	11	363	16	390	30	702	32	764
65-74	6	212	11	229	11	189	7	207	17	401	18	436
75 plus	12	110	14	134	29	118	20	167	41	228	34	303
Total	37	661	41	737	51	670	43	764	88	1,331	84	1,503

Table 24: Core Activity Need for Assistance (a) By Age By Sex (B17)

	Assistance	•										
	Provided	No unpaid	Unpai d		Provide d	No unpaid	Unpai d		Provide d	No unpaid	Unpai d	
	unpaid	provide d	not stated	Tota		provide d	not stated	Tota I		provide d	not stated	Total
	MALES				FEMALES	3			PERSONS	6		
55- 64	46	304	24	374	60	310	21	391	106	614	45	765
65- 74	16	187	26	229	25	166	17	208	41	353	43	437
75 plus	9	101	27	137	13	110	43	166	22	211	70	303
Tota I	71	592	77	740	98	586	81	765	169	1,178	158	1,50 5

Table 25: Unpaid Assistance To a Person with a Disability (a) By Age By Sex (B20)

	Cared for						
			Own child/children		Did not	Unpaid	
	Own child/	Other child/	and other		provide	child care	
	children only	children only	child/children	Total	child care	not stated	Total
	MALES						
55-64	16	20	3	39	314	21	374
65-74	6	13	0	19	189	23	231
75 plus	0	0	0	0	109	29	138
Total	22	33	3	58	612	73	743
	FEMALES			'			
55-64	4	48	0	52	317	21	390
65-74	0	20	0	20	171	14	205
75 plus	0	5	0	5	119	43	167
Total	4	73	0	77	607	78	762
	PERSONS						
55-64	20	68	3	91	631	42	764
65-74	6	33	0	39	360	37	436
75 plus	0	5	0	5	228	72	305
Total	26	106	3	135	1,219	151	1,505

Table 26: Unpaid Child Care (a) By Age By Sex (B21)

# **APPENDIX 6: Voluntary Work**

	Volunteer	Not a volunteer	Vol' work not stated	Total	Volunteer	Not a volunteer	Vol' work not stated	Total	Volunteer	Not a volunteer	Vol' work not stated	Total
	MALES				FEMALES				PERSONS			
55-64	143	211	21	375	153	217	20	390	296	428	41	765
65-74	74	131	24	229	72	114	22	208	146	245	46	437
75 plus	22	28	27	136	23	100	43	166	45	187	70	302
Total	239	370	72	740	248	431	85	764	487	860	157	1,504

Table 27: Voluntary Work for an Organisation or Group a) By Age By Sex (B18)

# **APPENDIX 7: Housing and Accommodation**

# DWELLING CHARACTERISTICS<sup>25</sup>

DWELLING CHARACTERISTICS - PRIVATE DWELLINGS (Includes Visitor only and other not classifiable households)	Selected Region Denmark	% of total occupied private dwellings in Region	Australia	% of total occupied private dwellings in Australia
Total private dwellings (includes unoccupied private dwellings)	2,756	-	8,426,559	-
Occupied private dwellings:	1,868	-	7,596,183	-
Separate house	1,766	94.5%	5,685,387	74.8%
Semi-detached, row or	22	1.2%	702,550	9.2%
terrace house, townhouse				
etc				
Flat, unit or apartment	18	1.0%	1,076,315	14.2%
Other dwellings	62	3.3%	127,337	1.7%
Not stated	0	0.0%	4,594	0.1%

In the 2006 Census there were 1,868 occupied private dwellings counted in **Denmark** (S) (Statistical Local Area): 94.5% were separate houses, 1.2% were semi-detached, row or terrace houses, townhouses etc, 1.0% were flats, units or apartments and 3.3% were other dwellings.

In **Denmark** (S) (Statistical Local Area), the median weekly rent was \$145, compared to \$190 in Australia. The median monthly housing loan repayment was \$1,000, compared to \$1,300 in Australia. The average household size was 2.3 and the average number of persons per bedroom was 1.1.

TENURE TYPE - OCCUPIED	Selected Region	% of total	Australia	% of total occupied
PRIVATE DWELLINGS	Denmark	occupied private		private dwellings in
		dwellings in		Australia

<sup>&</sup>lt;sup>25</sup> ABS Census 2006 Dwellings and Housing Statistics

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		Region		
Fully owned	781	41.8%	2,478,264	32.6%
Being purchased (includes being purchased under	453	24.3%	2,448,205	32.2%
rent/buy scheme)				
Rented (includes rent-free)	512	27.4%	2,063,947	27.2%
Other tenure type	18	1.0%	65,715	0.9%
Not stated	103	5.5%	540,050	7.1%

In **Denmark** (S) (Statistical Local Area), 41.8% of occupied private dwellings were fully owned, 24.3% were being purchased and 27.4% were rented.

HOUSEHOLD COMPOSITION - OCCUPIED PRIVATE DWELLINGS	Selected Region <b>Denmark</b>	% of total occupied private dwellings in Region	Australia	% of total occupied private dwellings in Australia
Family household	1,240	66.4%	5,122,760	67.4%
Lone person household	472	25.3%	1,740,481	22.9%
Group household	43	2.3%	280,856	3.7%

In the 2006 Census in Denmark (S) (Statistical Local Area), 66.4% of occupied private dwellings were family households, 25.3% were lone person households and 2.3% were group households.

LANDLORD TYPE - OCCUPIED PRIVATE DWELLINGS BEING RENTED (including rent free accommodation)	Selected Region  Denmark	% of total rented dwellings in Region	Australia	% of total rented dwellings in Australia
Real estate agent	170	33.2%	1,043,198	50.5%
State or Territory housing authority	64	12.5%	306,697	14.9%
Other landlord type	248	48.4%	652,012	31.6%
Landlord type not stated	27	5.3%	62,037	3.0%

Table 28: ABS 2006 Dwelling Characteristics

# **APPENDIX 8: Transport Options**

#### TRANSPORT OPTIONS

It is intended that this information will be useful for all sectors of our community but it has been specifically written with the following principles:

#### ACCESSIBILITY

Specifically this pamphlet is intended to provide information about transport options for the aged, infirmed, isolated and disadvantaged.

It is acknowledged that there are many within our community that, for a number of reasons, require support in accessing transport either travelling within the Shire of accessing services and facilities further afield in places such as Albany and Perth.

#### **GREEN HOUSE GAS EMISSIONS ABATEMENT**

In keeping with Council's desire to minimise the impact of our community's emissions contributing towards climate change, it is hoped that the transport options within this document will enable reduction of green house gas emissions by encouraging more viable transport options such as public transport and maximising the number of passengers in vehicles.

#### LISTED BELOW ARE SOME FREE TRANSPORT OPTIONS

#### FIND A LIFT.COM.AU

Find a Lift.com.au is a free service which helps connect people who want to travel and carpool within Western Australia.

To Find A Lift visit <u>www.findalift.com.au</u> and follow the instructions.

#### COUNCIL CAR POOLING CARPARK

Council's carpark, conveniently located at 953 South Coast Highway, is available for temporary parking for travellers who choose to car pool to Albany.

# DO YOU KNOW ABOUT TUSS?

Taxi Users' Subsidy Scheme (TUSS) provides taxi travel at a reduced rate for people who have a severe permanent disability that will always prevent them using a conventional public transport bus service.

#### To be eligible for TUSS you must:

- ✓ Be a permanent resident of Western Australia.
- Have a severe permanent disability that will always prevent you using a conventional public transport bus service.
- The disability is required to be continual and fall within the specified categories of:
  - Severe permanent mobility disability
  - Severe vision disability (legal blindness)
  - Severe cognitive/intellectual disability

#### How do I apply?

If you consider you may be eligible for TUSS, you will need to complete an Application Form which is available from the Department of Transport by telephoning 1300 660 147, emailing to <a href="mailto:passenger.services@transport.wa.gov.au">passenger.services@transport.wa.gov.au</a> or alternatively you can download and application form from their website <a href="mailto:www.transport.wa.gov.au">www.transport.wa.gov.au</a>.

## COUNTRY AGE PENSION FUEL CARD

The Country Age Pension Fuel Card provides support for the transport needs of eligible pensioners living in country areas.

To be eligible you must be receiving a Centrelink Age Pension, Carer Payment, Disability Support Pension, Wife Pension or Widow B Pension or a Department of Veterans' Affairs Service Pension, Social Security Age Pension or Income Support Supple-

To find out more call 1300 666 609 or go to www.royaltiesforregions.wa.gov.au/MajorProjects.



Email: enquiries@denmark.wa.gov.au

Website: www.denmark.wa.gov.au

This information contained in this brochure was accurate at the time of publication

Version August 2010

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# TRANSPORT OPTIONS IN THE SHIRE OF DENMARK

An initiative of the Seniors Advisory Committee



Denmark Age Friendly Community Study June 2011 1 < 2 > 1 Community Technology and Education

The table below details known transport options for persons requiring transport either within the Shire of Denmark or further afield, to Albany or Perth. Should you require the use of these services, the individual service provider should be contacted on the number provided to discuss your transport requirements.

Service	Route	Maximum No. of Seats Available *	Driver	Days Available	Cost	Wheelchair Accessible	Comment	Contact Details
Peaceful Bay Community Bus	Peaceful Bay to Albany via Denmark & return	12	Volunteer	First Tuesday of every month	Available upon payment of a donation (\$5 suggested)	No	Preference will be given to Peaceful Bay residents. Able to drop off & pick up for appointments (providing they are close to Albany CBD).	(08) 9840 8007 (Ray & Jo Walker)  pheney@reachnet.com.au
Denmark Health Service—Home & Community Care Bus	Denmark to Albany & return	23	WA Health Department	Monthly (on a Monday)	\$26 return or \$13 one way	Yes	Preference will be given to Home & Commu- nity Care Clients. Registration at least 24hrs prior is desirable. To determine eligibility please contact Denmark Health Service.	☎ (08) 9848 0600 (Denmark Health Service)
Denmark Community Bus	Available for hire	21	Volunteer	Variable	See Council's current <u>Fees &amp;</u> <u>Charges Sched-</u> <u>ule</u>	No	Denmark Recreation Centre have a pool of volunteer drivers who usually request a donation for their service.	<ul> <li>☎ (08) 9848 2044 (Recreation Centre)</li> <li>☑ denrec@denmark.wa.gov.au</li> <li>☑ www.denmark.wa.gov.au/commbus</li> </ul>
Denmark Over 50's Volunteer Driver Programme	Variable— generally from Denmark to Albany & return	Variable	Volunteer	Variable	\$25 donation (to Albany & return)	No	Non HACC eligible clients. For medical appointments only. Download Programme Guidelines at www.denmark.wa.gov.au/community.	(Phil Barnes, Coordinator)  prbarnes@wn.com.au
Denmark Taxi	Variable	7	Owner	Variable	Department of Transport rates.	No lift but will put wheelchairs in vehicle.		<b>☎</b> (08) 9848 2295
ranswa Coach & rain Service	Refer to latest Transwa Route Timetable.	Refer to Transwa	Transwa	Refer to latest Transwa Route Timetable	Refer to Transwa	Yes, but need to book no later than a week in advance.	One way only each day (overnight stay may be required).	1300 662 205      info@transwa.wa.gov.au      www.transwa.wa.gov.au
School Buses	Available for Hire	44	Owner / Operator	Variable	Cost per km plus hourly rate for driver.	No	Only available outside of school bus times. Check with individual operator.	☎ (08) 9840 9019 (Barbara Marshall) ☎ (08) 9848 1655 (Paul Taylor)

APPENDIX 9: List of Service Providers that attended Forum

Name	Position/Organisation	Organisation 2	
Ken Carter	Regional Manager – Southern Region	Department of Housing	
Aidan Transey	Regional Manager	Department of Transport	
Alison Piper	Aged Care Coordinator	Great Southern GP Network	
Chris Thompson	Regional Manager	Dept. Sport and Recreation	
David Easton	Aged Care Great Southern	WA Country Health Service	
Dr Sharon Jackson	Denmark Medical Centre	Denmark Medical Centre	
Dr Jane James	Dr Jane James Surgery	Dr Jane James Surgery	
Elizabeth Barnes	Manager	Alzheimer Australia	
Gabrielle Rose	Manager – Local Area Coordination	Disability Services Commission (Lower Great Southern)	
Gillian Jackson	Occupational Therapist	Denmark Health Service	
Jane Morrissey	Physiotherapy	Denmark Health Service	
Jenny Dodson	Aged Care Manager	Silver Chain	
Jenny Thompson	Acting DON/HSM	Denmark Health Service	
Jill Thomas	Project Officer - Patient Safety & Quality Unit	WA Country Health Service - Great Southern	
Julie Glynn	Private Podiatrist	Great Southern Podiatry	
Kim Buttfield	Injury Prevention Coordinator - Population Health	WA Country Health Service	
Lynne Park	Acting Manager	HACC Denmark HS	
Melinda Lyons	Regional Planning & Strategy Officer	Department of Planning	
Nola Todorovich	Aged Care - National Action Plan Coordinator	WA Country Health Service	
Philip Barnes	Councillor	Shire of Denmark	
Ruth McConigley	Palliative Care Specialist	Curtin University	
Ruth York	Manager MPS s	WA Country Health Service	
Simon Lyas	EO RDA Great Southern	Regional Development Australia	
Tanya Hughes	Neurological Council	Lotteries House Building	
Tony King	Great Southern Institute of Technology		
Will Farquharson	Manager	Lionsville Denmark Inc.	
Yvette Worsfold	Seniors Mental Health Coordinator	Great Southern Mental Health Service	
Table 20: Service Provice	lan Attanda a List		

Table 29: Service Provider Attendee List

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